All your favorite brands

Spring into great savings!

Look for over 60 coupons throughout the store.





Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

\$1.50 off

American Health

Any item (excludes single packets)

4330



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 4/30/25.**

save with **COOP deals**.

\$1.00 off

Amore

Any cooking pastes or ready-to-eat vegetables



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 4/30/25.**

save with cop deals.

\$3.00 off

Ancient Nutrition

Any full-sized collagen item

4332



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

Annie's Homegrown

Any two cracker or graham items

4333



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

USDA

save with coop deals.

\$2.00 off

Artisana

Any 8 or 14 oz. jar

4334



Present one coupon per two items purchased. Limit of one coupon per shopping trip. Expires 4/30/25.

save with coop deals.

Back to Nature

Any two cookie or cracker items

4335



Present one coupon per two items purchased. Limit of 10 coupons per shopping trip. **Expires 4/30/25.**

save with cop deals.



BEAR

Any two snack items

4336



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with cop deals.

75¢ off

Bela Seafood

save with cop deals.

Any item

4337



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with Coop deals.



BioBag

Any item

4338



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

USDA

80¢ off

Bionaturae

Any fruit spread

4339

MARCH/APRIL 2025 Page 2



Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 4/30/25.**

save with coop deals.

\$2.00 off

Blue Lotus Chai

Any 2 oz. tin or larger item

Allergy Calery

Allergy Calery

Sinus Calery

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with cop deals.

\$2.00 off

Boiron

Any 60 ct. tablet medicines

4241



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with cop deals.

\$1.00 off

Buddha Teas

Any box of teas

4342

Grands Grands Justine Hart Justine Hart

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 4/30/25.**

save with coop deals.

\$1.25 off

Canyon Bakehouse

Any item

4343

save with coop deals.



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

\$1.00 off 2

Carr's

Any two items

4344



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with cop deals.

1.00 off

Catalina Crunch

Any 8-9 oz. cereals

4345



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

\$1.00 off 2

Cheerios

Any two 8.9 oz. Cheerios or 15.4 oz. Honey Nut Cheerios

4348

The state of the s

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 4/30/25.**

save with coop deals.

\$3.00 off

ChildLife Essentials

Any item

4349



save with cop deals.

1.00 off

Choice Organics

Any tea

4350



Present one coupon per item purchased. Limit of 20 coupons per shopping trip. **Expires 4/30/25.**

MARCH/APRIL 2025

Page 3



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

\$1.50 off 2

Crown Prince Natural

Any two packages of tuna, crab, clam juice or sardines

save with coop deals.

CRYSTAL S

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 4/30/25.**

\$ave with coop deals.

Crystal

Any item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

USDA

\$1.00 off

Earth's Best

Any cereal

4354



Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 4/30/25.

save with coop deals.

1.00 off

Eating Evolved

Any chocolate bar

4355



save with coop deals.

75¢ off

Endangered Species

Any chocolate

4356



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with cop deals.

1.00 off

Essentia

Any I.5 L

4357



Present one coupon per item purchased. Limit of eight coupons per shopping trip. **Expires 4/30/25.**

save with cop deals.



Every Body Eat

Any bag

435



Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 4/30/25.**

save with cop deals.

3.00 off 2

Field Roast

Any two items

4359



Present one coupon per item purchased. Limit of four coupons per shopping trip. Expires 4/30/25.

save with cop deals.

75¢ off

Food For Life

Any item

4360



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

\$1.00 off

Food Should Taste Good

Any 5.5 or 11 oz. item

4361

MARCH/APRIL 2025



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 4/30/25.**

save with coop deals.

Force of Nature

Any item



Frontier

Any bottled spices, herbs or extracts



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with cop deals.

Garden of Life

Any protein item

4364



Present one coupon per item purchased. Limit of couper shopping trip. **Expires 4/30/25.**

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 4/30/25.**

save with coop deals.

save with coop deals.

Guayaki Yerba **Mate**

Any beverage

4365



save with coop deals.

Happy Family Brands

Any item

4366



Present one coupon per item purchased. Limit of one coupon

per shopping trip. Expires 4/30/25.

save with coop deals.

Jolly Llama

Any item

4367



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**



Jovial

Any cracker or cookie item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

Kerrygold

Any 7 oz. deli cheese

4370



save with coop deals.

Lily of the **Desert**

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 4/30/25.** Any item

4371

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

Lily's

Any baking item

4372

MARCH/APRIL 2025

Page 5



Present one coupon per item purchased. Limit of s per shopping trip. **Expires 4/30/25.**

save with coop deals.

Melt

Any refrigerated item

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 4/30/25.**

save with coop deals.

\$2.00 off 2

Michel et Augustin

Any two 4.4 or 4.9 oz. items

4374



save with coop deals.

Natural Factors

Any RX omega or wild Alaskan salmon oil item

4375



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

Present one coupon per item purchased. Limit of one coupon

per shopping trip. Expires 4/30/25.

save with coop deals.

Navitas Organics

save with coop deals.

Any berries or Power Snacks item

4376



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.** Any two items

4377



Any item

4378



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

Pamela's

Any cookies, crackers, Figgies & Jammies or Big Fig Bars item

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 4/30/25.**

save with **COOP** deals.

Radius

Any item (excludes pet care)



save with coop deals.

Rishi Tea & **Botanicals**

Any dry tea or chai concentrate item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

Rishi Tea & **Botanicals by Rishi**

Any 12 oz. can of Sparkling Botanicals

4382



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

4381

MARCH/APRIL 2025 Page 6



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

Sesmark

Any cracker item

4383



Present one coupon per item purchased. Limit of couper shopping trip. **Expires 4/30/25.**

save with coop deals.

Seven Sundays

Any Protein Oats hot cereals

4384



save with coop deals.

Shady Maple Farms

Any syrup

4385



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

Siggi's

Any 24 oz. yogurt

4386



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

Solgar

Any multivitamin

4387

Minis

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 4/30/25.**

save with coop deals.

The Village Pie Maker

Any 2 ct. frozen mini pies

save with coop deals.



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

Tillamook

Any cheese item

4389





Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

Vital Proteins

Any 7.8-20 oz. collagen powder

4390



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/25.**

save with coop deals.

Woodstock

Any sugar

4392

MARCH/APRIL 2025