

*All your favorite brands*

# Warm up with winter savings!

Look for over 70 coupons throughout the store.

**save  
over \$59**



save with **coop deals**

**\$1.00 off**  
**Taza Chocolate**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 2/29/24.



save with **coop deals**

**\$4.00 off**  
**Comvita**  
Any Manuka honey

Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 2/29/24.



save with **coop deals**

**\$2.00 off 2**  
**Nixie**  
Any two multi-packs

Present one coupon per two items purchased. Limit of one coupon per shopping trip. Expires 2/29/24.

save with **coop deals**

**\$3.00 off**  
**Biokleen**  
Any liquid or powder  
laundry detergent

save with **coop deals**

**\$2.00 off**  
**Foodstock**  
- and seed h

find savings throughout the store!



save with **coop deals.**

**\$1.00 off**

**Alter Eco**

Any package of 10 ct. truffles

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**50¢ off**

**Ancient Harvest**

Any pasta

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.50 off**

**Avalon Organics**

Any haircare item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$5.00 off**

**Bach**

Any Rescue item (excluding gum and pastilles)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Bass**

Any hairbrush

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off 2**

**Bear**

Any two 5- or 12-pack fruit snacks

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Better Than Bouillon**

Any organic 8 oz. soup base

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$2.00 off**

**Bio-K**

Any 6-pack item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$3.00 off**

**Biokleen**

Any liquid or powder laundry detergent

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**

find savings throughout the store!



save with **coop deals.**

**\$3.00 off 2**

**Boiron**  
Any two Blue Tubes

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**75¢ off**

**Canyon Bakehouse**  
Any item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$3.00 off**

**Childlife Essentials**  
Any item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Coconut Secret**  
Any sauce

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$4.00 off**

**Comvita**  
Any Manuka honey item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off 2**

**Divine**  
Any two 3 oz. bars

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Eco Lips**  
Any lip balm

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**50¢ off**

**Endangered Species**  
Any 3 oz. bar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.50 off**

**EO**  
Any item (excluding deodorant and hand sanitizers)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**





find savings throughout the store!



save with **coop deals.**

**\$3.00 off**

**Flora**

Any probiotic or digestive aid

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$3.00 off**

**Garden of Life**

Any raw meal or protein item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Good Karma**

Any 64 fl. oz. plant-based milk

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Good Clean Love**

Any item (excluding travel size)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$3.00 off**

**Health Force**

Any Superfoods item

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**75¢ off**

**Happy Family Organics**

Any item (excluding formula)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**75¢ off**

**If You Care**

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.50 off 2**

**Hippeas**

Any two 3.75 oz.-5 oz. items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.25 off**

**Kirk's**

Any 3-in-1 body wash (excluding travel size)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**

find savings throughout the store!



save with **coop deals.**

**\$1.00 off**

**Lakewood**  
Any juice

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Lily of the Desert**

Any 32 oz. aloe vera juice or gel

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off 2**

**Lily's**  
Any two bars or pouches

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Maple Hill Organic**

Any milk, kefir or yogurt item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$3.00 off**

**Mineral Fusion**  
Any cosmetic or nail item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$2.00 off**

**Natural Factors**

Any 60 or 120 ct. vitamin B, D or K (excludes 2 packs)

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$3.00 off**

**Natural Vitality**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$2.00 off 2**

**Nixie**

Any two multi-pack items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Nutiva**  
Any oil or spread

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Nun**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**

find savings throughout the store!



save with **coop deals.**

**\$1.00 off**

**Ocean's Halo**

Any sauce, noodle, broth, rice or nori item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.25 off**

**Once Again**

Any 16 oz. peanut butter

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Red Boat**

Any fish sauce

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**75¢ off**

**One With Nature**

Any 2.5 oz. bath salt or 7 oz. bar soap item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Oregon's Wild Harvest**

Any capsules, extract or tonic

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.25 off**

**Organic Valley**

Any sliced cheese

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Pirate's Booty**

Any 4 oz. bag

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.25 off**

**Probar**

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.50 off 2**

**Purely Elizabeth**

Any two hot cereals

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 2/29/24.**

find savings throughout the store!



save with **coop deals.**

**\$3.00 off**

**Rainbow Light**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Sparkling Botanicals by Rishi Tea**  
Any 12 fl. oz. can

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Rudi's**  
Any 18 oz. thin sliced bread

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off 3**

**Siggi's**  
Any three 4 oz.-5.3 oz. yogurt cups

Present one coupon per three items purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**SkinnyPop**  
Any 4.4 oz.-5.3 oz. bag

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$5.00 off**

**SmartyPants**  
Any item (excluding travel size)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.50 off 2**

**Snack Factory**  
Any two bags of pretzels

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Stonyfield Organic**  
Any 32 oz. yogurt

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$2.00 off**

**Sukin**  
Any item (excluding travel size)

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Taza Chocolate**  
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



find savings throughout the store!



save with **coop deals.**

inclusive trade

**\$1.00 off**

**The Honey Pot**  
Any item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Tia Lupita Foods**  
Any salsa macha or hot sauce

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off 2**

**Tinkyada**  
Any two items

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$2.00 off**

**Ultima Replenisher**  
Any 30 serving tub

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**50¢ off**

**Vita Coco**  
Any 500 ml. coconut water

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$1.00 off**

**Wedderspoon**  
Any drops, lozenges or pops

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$2.00 off 2**

**Woodstock**  
Any two frozen filled pastas

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$2.00 off**

**Woodstock**  
Any nut and seed butters

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$2.00 off**

**Woodstock**  
Any packaged nuts, fruits, seeds or snacks

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals.**

**\$2.00 off 2**

**Yachak Organic**  
Any two 16 fl. oz. cans

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



find savings throughout the store!



save with **coop deals**

**\$1.50 off 2**

**YumEarth**

Any two 5 oz., 10 ct. or family-size items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals**

**\$2.00 off 2**

**Mediterranean Organic**

Any two jars of olives or sundried tomatoes

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals**

**\$3.00 off**

**Enzymedica**

Any Digest Gold 90 or Digest Gold + probiotics 90 or above

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**



save with **coop deals**

**\$1.50 off**

**T-Relief**

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/29/24.**