

*All your favorite brands*

# Warm up with winter savings!

Look for more than 60 coupons throughout the store.

**save  
over \$100**



find savings throughout the store!



save with **coop deals.**

**\$1.00 off**

**Avalon Organics**  
Any Item (Excluding Travel  
Sizes)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**75¢ off**

**Back To Nature**  
Any Cookie or Cracker

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off 2**

**Bear**  
Any Two Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off 2**

**Better Than Bouillon**  
Any Two Jars

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$2.00 off**

**Bio-K+**  
Any 6-Pack Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**50¢ off**

**Bionaturae**  
Any Fruit Spread  
or Nectar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$3.00 off**

**Biosil**  
Any Item

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off 2**

**Cabot Creamery Cooperative**  
Any Two Items

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.50 off 2**

**Celestial Seasonings**  
Any Two Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**

find savings throughout the store!



save with **coop deals.**

**\$1.00 off 2**

**Crown Prince Natural**  
Any Two Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off 2**

**Divine**  
Any Two 3 oz. Bars

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off**

**Culture POP**  
Any 4-Pack Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**50¢ off**

**Endangered Species**  
Any 3 oz. Bar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$3.00 off**

**Flora**  
Any Probiotics

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$3.00 off**

**Floradix**  
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.25 off 2**

**Food Should Taste Good**  
Any Two Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$3.00 off**

**Garden Of Life**  
Any Organic Raw Protein and Meal Powder

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



find savings throughout the store!



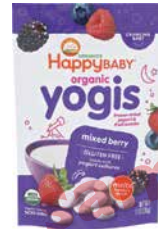
save with **coop deals.**

**\$2.00 off**

**Good Karma**

Any 64 fl. oz. Flaxmilk or  
59 fl. oz. Plantmilk

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**75¢ off**

**Happy Family Organics**

Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.50 off 2**

**Hippes**

Any Two Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off**

**Hu Kitchen**

Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.50 off 2**

**Jeff's Garden**

Any Two Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off**

**Just Date**

Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$2.00 off**

**Laird Superfood**

Any Item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off**

**Lakewood**

Any 32 fl. oz. Aloe Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off**

**Lily's**

Any Baking Chip or  
Baking Bar item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**

find savings throughout the store!



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/28/23.**

save with **coop deals.**

**\$1.00 off**

**Maple Hill Organic**

Any Milk, Kefir or Yogurt Item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**

save with **coop deals.**

**\$1.00 off**

**Maxine's Heavenly**

Any Cookie Item



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**

save with **coop deals.**

**\$2.00 off 2**

**Mediterranean Organic**

Any Two Olives, Sundried Tomatoes or Vinegars



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**

save with **coop deals.**

**\$1.25 off**

**Napa Valley Naturals**

Any 25 fl. oz. Avocado, Grapeseed, Sunflower or Olive Oil



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**

save with **coop deals.**

**\$3.00 off**

**Natural Factors**

Any Quercetin Item



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**

save with **coop deals.**

**\$1.50 off 2**

**Natural Sea**

Any Two Shelf-stable Seafood Items



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**

save with **coop deals.**

**\$3.00 off**

**NeoCell**

Any Neocell Item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**

save with **coop deals.**

**\$1.25 off**

**Once Again Nut Butter**

Any 16 oz. Peanut Butter Item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**

save with **coop deals.**

**\$1.00 off**

**OWYN**

Any 12 oz. Ready-to-Drink Item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**

save with **coop deals.**

**\$4.00 off**

**Oregon's Wild Harvest**

Any Capsule, Extract or Tonic

find savings throughout the store!



save with **coop deals.**

**\$3.00 off**

**Organic India**

Any Supplement (Excluding  
Psyllium 180 Caps and 12 oz.  
Canisters)

Present one coupon per item purchased. Limit of one coupon  
per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off**

**Organic Valley**

Any 8 oz. Raw Cheddar

Present one coupon per item purchased. Limit of two  
coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.50 off**

**Organicville or  
Sky Valley**

Any Item

Present one coupon per item purchased. Limit of two  
coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off**

**Pamela's**

Any Cookie or Graham  
Cracker Item

Present one coupon per item purchased. Limit of one coupon  
per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off**

**Pirate's Booty**

Any 4 oz. or 10 oz. Item

Present one coupon per item purchased. Limit of one coupon  
per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off 2**

**Purely Elizabeth**

Any Two Hot Cereals

Present one coupon per two items purchased. Limit of two  
coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$3.00 off**

**Rainbow Light**

Any Item

Present one coupon per item purchased. Limit of one coupon  
per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$4.00 off**

**Renew Life**

Any Item

Present one coupon per item purchased. Limit of one coupon  
per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.50 off**

**Rudi's**

Any 22 oz. Organic Bread

Present one coupon per item purchased. Limit of one coupon  
per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off 2**

**Siggi's**

Any Two 4 oz., 4.4 oz. or  
5.3 oz. Items

Present one coupon per two items purchased. Limit of one  
coupon per shopping trip. **Expires 2/28/23.**

find savings throughout the store!



save with **coop deals.**

**\$1.00 off**

**Simply Organic**  
Any 4-8 oz. Guacamole  
Mix or Simmer Sauce

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off**

**SkinnyPop**  
Any 4.4 oz. or 6-Count  
Multipack Popcorn

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$5.00 off**

**SmartyPants**  
Any Item (Excluding  
To Go Items)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$2.00 off**

**Source Naturals**  
Any Wellness Formula

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off 2**

**Stonyfield Organic**  
Any Two 32 oz. Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$2.00 off**

**Sukin**  
Any Item (Excluding Travel  
Sizes)

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**75¢ off**

**Sweet Earth**  
Any Frozen Item

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off**

**Swerve**  
Any 12 oz. Sweetener

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**45¢ off**

**The New Primal**  
Any Meat Stick

Present one coupon per item purchased. Limit of eight coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off 2**

**Traditional Medicinals**  
Any Two Bags of Lozenges

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



find savings throughout the store!



save with **coop deals.**

**50¢ off**

**Vita Coco**  
Any 500 ml Coconut  
Water

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off**

**Waterloo**  
Any One 12-pack Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$2.00 off**

**Woodstock**  
Any Nut Butter

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$2.00 off 2**

**Yachak Organic**  
Any Two 16 fl. oz. Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.50 off 2**

**YumEarth**  
Any Two 2.8 oz. or  
Larger Items

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off 2**

**Tinkyada**  
Any Two Pastas

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$1.00 off**

**Rishi Tea and  
Botanicals**  
Any Sparkling Botanicals  
Item

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**\$2.50 off**

**Coolhaus**  
Any Item

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**50¢ off**

**Natracare**  
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/23.**



save with **coop deals.**

**75¢ off**

**One with Nature**  
Any Item

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 2/28/23.**