



**Certified Angus
Chuck Pot
Roast**

**\$6⁹⁹
Lb**



**6 ct
Nestle Hot
Cocoa Mix**

2/\$4



**2 lb
Organic
Halo
Clementines**

\$3⁹⁹

PRODUCE

Halo Clementines, 2 lb, Organic	\$3.99
Grapefruit, Organic	2/\$3
Gold Potatoes, 3 lb	99¢
Broccoli Crowns	\$1.99/lb
Sweetango Apples, 2 lb	2/\$5
Cluster Tomatoes	\$1.49/lb
Granny Smith or Honeycrisp Apples	79¢
Red or Green Seedless Grapes	\$2.99/lb
Raspberries, 6 oz	2/\$7

BAKERY

Loaf Cakes, 18 oz, Select Varieties	\$4.99
St. Pierre Belgian Waffle, 6 pk	\$4.99
Golden Kaiser Rolls, 6 pk	\$2.99

REFRIGERATED

Food Club Cheese Bars & Shreds, 8 oz	2/\$4
Stok Cold Brew, 48 oz	\$4.99
Organic Valley Sour Cream, 16 oz	\$3.99
Kite Hill Queso, 8 oz	\$3.79
Kite Hill Plant-Based Yogurt, 16 oz	\$4.79
Vital Farms Pasture-Raised Liquid Whole Eggs, 16 oz	\$5.49
Nancy's Cultured Cream Cheese, 8 oz	\$3.99

BEER & WINE

90+ Cellars Prosecco, 750 ml	\$9.99
Tuckerman Brewing Co., 12 pk	\$14.99
Terra Viva Wines, 750 ml	\$15.99
Founders Brewing Co., 15 pk	\$17.99

MEAT

SERVICE COUNTER: 7AM-7PM DAILY

T-Bone Steak	\$13.99/lb
Chuck Pot Roast	\$6.99/lb
Fresh Pork Tenderloin	\$2.99/lb
Chicken Tenders	\$2.49/lb
Our Best Swedish-Style Meatballs, 26 oz	\$9.99
New England Traditions Petite Hams, Quarter or Half Size	\$4.99/lb

SEAFOOD

SERVICE COUNTER: 7AM-7PM DAILY

Wild Ahi Yellowfin Tuna, previously frozen	\$8.99/lb
Seaweed Salad	\$9.99/lb

DELI

SERVICE COUNTER: 7AM-7PM DAILY

Red Dill Potato Salad	\$3.99/lb
Boar's Head Honey Maple Ham	\$6.99/lb
Greek Salad	\$4.99
BBQ Boneless Chicken Thighs	\$6.99/lb
Boar's Head Mild Provolone	\$4.99/lb

BULK FOODS

BRING YOUR OWN CONTAINER & REFILL!

Roasted Cashews	\$8.99/lb
Vitamin C Fruit Slices, Organic	\$7.99/lb
Dried Apple Rings, Organic	\$9.99/lb
Almonds, Coconut Sweetened, Organic	\$12.99/lb
Magical Mystery Trail Mix	\$9.99/lb
Garbanzo Beans	\$1.99/lb



GROCERY

Nestle Hot Cocoa Mix, 6 ct	2/\$4
Adirondack Soda, 12 pk	2/\$7
Wide Awake Coffee K-Cups, 10 ct	\$4.79
Post Great Grains Cereal, 14-16 oz	2/\$6
Betty Crocker Potato Au Gratin & Scalloped, 4 oz	2/\$4
Food Club Turkey Stuffing, 6 oz	2/\$3
Kraft Mac & Cheese Dinner, 7.25 oz	4/\$5
Mott's Applesauce, 6 pk	2/\$5
 Amy's Soup, 14.5 oz	\$3.49
Food Club Gravy, 12 oz	\$1.79
Food Club Mayonnaise, 30 oz	\$3.49
Franks Hot Sauces, 12 oz	\$3.79
Ghirardelli Brownie Mix, 18 oz	\$3.49
Food Club All Purpose Flour, 5 lb	2/\$5
 Diamond Walnuts Chopped, 8 oz	\$4.99
Cravin Cookies, 8.5-12.5 oz	2/\$4
Popcorners Corn Snacks, 7 oz	\$3.99
 Equal Exchange Chocolate Chips, 10 oz FAIR TRADE	\$7.99
 Organic India Tulsi Tea, 18 ct	2/\$9
 Muir Glen Tomatoes, 14.5-15 oz	2/\$4
 Napa Valley Extra Virgin Olive Oil, 25.4 oz	\$19.99
Unreal Candy, 3.2-5 oz	\$4.99
Glad 30 Gal. Garbage Bags, 40 ct	\$9.99
Scott Bath Tissue, 4 ct	\$3.99

BEAUTY & WELLNESS

All Bluebonnet Nutrition Products	20% OFF
South of France Hand Cream, 8 oz, Select Varieties	\$5.99
Dr Bronners Hand Sanitizer, 2 oz, Lavender or Peppermint	2/\$5

STAY IN TOUCH!





Get a handy dandy link to the latest ad & flyer in your email inbox every Thursday, along with all the new items, recipes, community updates, and events you know and love from the Co-op. Sign up online at littletoncoop.com and scroll down the page to sign up for our weekly e-newsletter!

FROZEN

Gifford's Ice Cream, 32 oz	\$3.99
New York Texas Toast Garlic Cheese, 13.5 oz	\$3.69
McCain Onion Rings, 14 oz	\$2.99
Pepperidge Farm Layer Cakes, 19-19.6 oz	\$5.49
Pepperidge Farm Turnovers, 12.5 oz	\$3.99
Brighams Ice Cream, 32 oz	\$2.99
Haagen Dazs Ice Cream, 14 oz	\$3.99
Amy's Macaroni & Cheese, 9 oz	\$3.99

SPECIALTY CHEESE

 Maplebrook Fresh Mozzarella Balls, 8 oz	\$3.99
Sartori BellaVitano Cheese, 5.3 oz	\$5.49
 VT Farmstead Cheddy Topper, Fat Tire, Voodoo Ranger and Sip of Sunshine, 7 oz	\$7.49

CHEESE OF THE WEEK:

Fontina Val d'Aosta



Save \$2/lb Dec 5-Dec 11





While Supplies Last! Price tag reflects current discount.

Open Daily: 7 AM - 8 PM
Meat Counter: 7 AM - 7 PM

Deli: Fri & Sat 7 AM - 7 PM
Sun-Thu 7 AM - 6 PM

43 Bethlehem Rd. (603) 444-2800
Littleton, N.H. LittletonCoop.com

Symbol Guide

 Local Grower / Producer	 Made by a Co-op
 USDA Certified Organic	 Inclusive Trade

Sales & Discounts:

*Discounts apply to eligible items only; standard restrictions apply. Prices may be subject to change. We are not responsible for typographic errors. Have a question? Come see the friendly folks at our Service Desk for details!



Event Calendar

Fri Dec 5	Senior Member Discount Day
Sat Dec 6	Cooking Demo w/ Chef Peter @11:30AM
Thu Dec 11	Free Tasting! Stowe Cider @4-6PM (21+)
Sat Dec 13	HolidayFest @12-3pm
Sat Dec 13	Member Appreciation Day
Mon Dec 15	Co-op Board Meeting @5pm on zoom
Wed Dec 24	Christmas Eve - Open 7AM-6PM
Thu Dec 25	Christmas Day - Closed
Wed Dec 31	New Year's Eve - Open 7AM-8PM
Thu Jan 1	Happy New Year! Open 9AM-8PM

To see our full list of events or to RSVP, visit our website:
www.littletoncoop.com

Senior Member Discount Day



Friday December 5

Friday is Senior Day, so all Co-op Members 65 & over Save 10%* on eligible items, all day. This Senior Day is extra fun because the co-op is stocked for the holidays - keep an eye out for seasonal treats, baking ingredients, and great gifts, so you can get a great deal on your groceries AND your holiday shopping.

FREE Cooking Demo: Sticky Buns!



Saturday December 6 @ 11:30AM

In our Co-op Kitchen Demo series, our talented chefs whip up tasty recipes in the Co-op Cafe, and you get to sample the result! This time, Peter B. will be demonstrating Brioche Sticky Cinnamon Buns. YUM! No tickets required, just an eagerness to learn and try something new! See ya there!



Not a Member Yet? Join Today!
Learn more, buy shares, start a new account:
www.littletoncoop.com/membership

Member Appreciation Day



Saturday December 13

The final Member Day of the year is also our annual HolidayFest! Members can ring in the holiday season by saving 10% on eligible items all day. This is usually a busy day, so if you love tastings and music and treats be sure to come between 12-3pm. If you like things a little quieter, early morning and evening are your best bet.



HOLIDAYFEST
and Member Appreciation Day!

12-3 PM:
Free Tastings
Live Music
Cookie Decorating

All Day:
Co-op Members
Save 10%* on
Eligible Items!

LITTLETON food co-op **Saturday December 13th**

*Standard restrictions apply. See the Service Desk for more details.

Cozy Winter Window Art



Winter doesn't have to be drab and grey; it can be an explosion of colors and flavors, just like our new window art! Thanks to the hard work of local artist Pyper Williams (@pypswill on Instagram) our front window looks like the coziest kitchen out of our wildest dreams. Come check it out... but don't be surprised if you soon find yourself craving a steaming mug of tomato soup!

We love supporting community art and local artists here at the Co-op. <3

MORE FROM YOUR STORE

Seasonal Greetings



We love this time of year because all the special seasonal goodies arrive for the winter holidays! Whatever you celebrate, come take a peek at all the treats we have on our shelves.

Deck the Halls



Fresh off the tree farm truck: we have fresh holiday wreaths and cute ready-to-decorate tabletop trees for your home and hearth. We also have a beautiful selection of poinsettias, cute birdhouses, and winter blooms for gifts and your home. We know many of you like to get a jump on decorating right away, so swing by the co-op this and get your greenery going!

A Cheesy Rebellion



ICYMI: Rebel Cheese is now available at the Co-op! If you know our Specialty Cheese Manager Catherine, you know of her strong dislike for plant-based cheeses. So it speaks volumes that she is very excited about Rebel joining the Specialty Cheese Department.

The founders of this radical cheese are fellow foodies-turned-vegans who are committed to meeting the high taste standards set by traditional dairy cheeses. At the Co-op, we currently have: Everything Fromage, Tomato Herb Fromage, Truffle Brie, Brie, Basil Fig Fromage, and Honee Pistachio Chevre. Just in time for your holiday charcuterie!

YOUR CO-OP COMMUNITY

Our December Partners:



Round up or donate at the register this November to support local sports and empower athletes with disabilities! Adaptive Sports Partners is based in the North Country of NH and the Northeast Kingdom of VT, bringing the joy of adaptive sports to dynamic ski slopes, serene lakeshores, thrilling mountain trails, and more.

They believe that everyone should be able to experience and excel at sports, recreation, and adventure, and they work to support athletes of all disabilities and needs.

When you make a small-change donation to our Partner of the Month Program, it makes a huge impact - so round up today!

Learn More: adaptivesportspartners.org

\$9k for Market Match



During the month of October, our shoppers raised \$9,015.74 via our Partner program for Granite State Market Match. Thank you for helping keep this vital program alive! At left, handing off the "big check," are Ed King, Co-op General Manager; Becky Colpitts, Co-op Community Outreach Coordinator; and Elsy Cipriani, Executive Director of NH Food Bank.

Feed A Family was a Success!



Thank you for your overflow of kindness towards our Feed a Family program! Co-op shoppers donated a wildly unprecedented 937 meals, blowing our goal of 700 right out of the water! At a scary and uncertain time for many, you all have proven that great things happen when a community works together.



Cooperative Principles in Action:

Our Co-op is more than just a grocery store - we follow a set of co-op principles along with our mission & vision. Learn More: littletoncoop.com/about