# FOOD OF THE POOR O

# Weekly Specials: Fri Nov 8 - Thu Nov 14, 2024

Organic

Yukon Gold Potatoes

**79**¢



Boneless Pork Loin



48 oz Organic Alden's Ice Cream

\$599

## **PRODUCE**

	Yukon Gold Potatoes	79¢/lb
	Yellow Onions	99¢/lb
oca	Joe's Brook Farm Spring Mix, 8 oz	\$4.99
oca	Holton Farms Butternut or Acorn Squash	\$1.29/lb
	Sunset Flavor Bomb or Sugar Bomb Tomatoes, 12 oz	2/\$7
	Cantaloupe	2/\$5
	Lemons	2/\$1
	Granny Smith Apples	99¢
	Marie's Dressing, 12 oz, Select Varieties	\$3.99

## BAKERY

B <sub>i</sub>	Chabaso Ciabattas, 16 oz, Select Varieties	\$2.99	
	Original Bagels, 6 pk, Select Varieties	\$3.49	
	Dimitria Delights Pecan Sticky Buns, 12 oz	\$5.49	

# **BEER & WINE**

Stoneface Brewing Company, 4 pk	\$10.99
LaRiojana Wines, 750 ml FAIR TRADE & ORGANIC!	\$7.99
Von Trapp Brewery, 6 pk	\$10.99
Bota Box Wines, 3 ltr	\$19.99

# **BULK FOODS**

Magical Mystery Trail Mix	\$9.99/lb
Coconut Rolled Dates	\$4.99/lb
Garbanzo Beans	\$2.49/lb
Tri-Color Quinoa	\$2.99/lb
Yellow Popcorn	\$1.99/lb
Yogurt Covered Almonds	\$8.99/lb

It's Turkey Time! Reserve your Turkey and plan your holiday feast: www.LittletonCoop.com/Thanksgiving

# MEAT

SERVICE	COUNTER	OPEN 7AM-	-7PM DAILY
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Boneless Pork Loins	\$1.99/lb
Boneless Strip Steaks	\$11.99/lb
Bottom Round Rump Roast	\$5.99/lb
Boneless Center Cut Pork Chops	\$2.59/lb
Boneless Chicken Breast	\$2.29/lb
North Country Bacon, 8 oz	\$6.99
Bilinski's Chicken Sausage, 12 oz	\$7.99

## SEAFOOD

Fresh Wild Skinless Haddock	\$9.49/lb
Calamari Salad	\$10.99/lb

## DELI

SERVIC	CE COUNTER	R OPEN 7A	M-7PM	DAILY

🗫 Land O'Lakes Swiss Cheese	\$4.99/lb
CO-OP Grilled Chicken Breast	\$4.99/lb
New England Tradition Chicken Breast	\$4.99/lb
Black Bean Salad	\$4.99/lb

# SPECIALTY CHEESE

VT Creamery Chevre Logs, 4 oz	\$3.99
Grafton Village Cheddar, 8 oz	\$1 OFF
Old Croc Extra Sharp Cheddar, 7 oz	\$6.99

# WELLNESS

	South of France Hand & Body Cream, 8 oz, Select Varieties	\$4.99
qess	Aura Cacia Mineral Bath Packets, 5 oz, Select Varieties	2/\$5
	Hylands Restful Legs PM, 50ct	\$8.99



## *GROCERY*

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ccop	Blue Diamond Nut Thins, 4.25 oz	2/\$5
USDA	Woodstock Cranberry Sauce, 14 oz	2/\$5
	Near East Pilaf & Couscous, 5-10 oz	4/\$5
	Food Club Sugar, 2 lbs	\$2.59
	Wide Awake K-Cups, 10 ct	\$4.49
	Bigelow Tea, 20 ct. Select Varieties	\$2.99
	Quaker Oats, 18 oz	\$3.99
	Classico Pasta Sauce, 15-24 oz	2/\$5
	Food Club Mayonnaise, 30 oz	\$3.59
	Heinz Easy Squeeze Ketchup, 20 oz	2/\$5
	Food Club All Purpose Flour, 5 lbs	\$2.59
	Bakers Chocolate, 4 oz	\$2.99
	Bakers Coconut, 7 oz	\$1.99
	Keebler Graham Pie Crusts, 6 oz	\$2.79
	Eagle Condensed Milk Sweetened, 14 oz	2/\$5
	Food Club Pumpkin, 15 oz	2/\$3
	Kellogg Crackers Club & Town House, 12-14 oz	\$2.99
CCOP		\$2.99
	Tostitos Tortilla Chips, 10-13 oz	2/\$7
	Simply Done Paper Towels, 6 pk	\$5.99
	Fresh Step Scoop Cat Litter, 14 lb	\$10.49

# FROZEN

USDA	Alden's Ice Cream, 48 oz	\$5.99
USDA	Wholly Wholesome Pie Shells, 14 oz	\$3.99
	Pepperidge Farm Cakes, 19.6 oz	\$4.59
	Brigham's Ice Cream, 32 oz	\$2.99
	Stahlbush Island Farms Frozen Vegetables 10 oz	s, 2/\$5

# REFRIGERATED

		Ithaca Hummus, 10 oz	2/\$7
		Vital Farms Eggs, Dozen	\$4.99
		Food Club Cheese Bars & Shreds, 8 oz	2/\$4
	local	Green Mountain Yogurt, 32 oz	\$4.99
		Pillsbury Grands Biscuits, 16.3 oz. Select Varieties	\$3.19
		Hood Half & Half Creamer, 16 oz	2/\$3
oca	al cop	Cabot Whipped Cream, 14 oz	\$4.29
	qcc	Almond Breeze Almond Milk, 96 oz	\$4.99
		Oh Snap Pickled Veggies, Select Varieties	99¢



## Fresh Whole Turkeys

Stonewood Farm Turkey - Order by 11/8	\$4.99/lb
Misty Knoll Farms Turkey - Order by 11/8	\$5.59/lb
Mary's Organic Turkey	\$6.59/lb
Mary's Free-Range Non-GMO Turkey	\$4.99/lb
Plainville Farms Organic Turkey	\$5.59/lb
Plainville Farms Turkey (No Antibiotics)	\$3.99/lb
Shady Brook Farms Turkey	\$2.99/lb

## Fresh Bone-In Turkey Breasts

Mary's Organic Turkey Breast	\$10.79/lb
Mary's Non-GMO Turkey Breast	\$4.99/lb
Plainville Turkey Breast (No Antibiotics)	\$6.99/lb
Shady Brook Farms Turkey Breast	\$3.99/lb

Note: Turkeys are fresh unless otherwise noted. Larger turkey sizes may be limited. Sizes are estimates and may vary by a few pounds; we will provide the closest turkey size available.

## **ORDER ONLINE:**

www.littletoncoop.com/turkeys Or call 603-444-2800, or or stop by the Meat Department

# Savings for the **Holiday Season!**



We make it easy to save when you shop at the co-op look for free coupons right on the shelf next to featured items!

Check out the online preview on our specials page: littletoncoop.com

### This Week's Flyer:

- 8 Local Items
- 14 Organic Items
- 7 Cooperatively-Made Items
- 1 Fair Trade items

Open Daily 🐝 7 AM to 8 PM Deli & Meat: 7am-7pm

## Sales & Discounts:

\*Discounts apply to eligible items only, and standard restrictions apply. Have a question? Come see the friendly folks at our Service Desk for details.

43 Bethlehem Rd. Littleton, N.H.

(603) 444-2800 📏 🗐 LittletonCoop.com



# Event Calendar LittletonCoop.com/Events

Sat Nov 9: Member Appreciation Day

Mon Nov 11: Veterans Day - Veterans Save 10%!

Mon Nov 11: Co-op Board Meeting - Postponed to Dec.

Wed Nov 13: Save the date for a surprise! \(\frac{7}{p^2}\)

Sat Nov 16: Jigsaw Puzzle Competition @3pm (RSVP)

Thu Nov 28: Thanksgiving Day (Store Closed) Thu Dec 5: Senior Member Discount Day

To RSVP for an event, visit our website: littletoncoop.com/events, or email info@littletoncoop.org

# **Member Appreciation Day**



## Saturday November 9, All Day

All Co-op Members save 10% on eligible items this Saturday! Go ahead, treat yourself to an extra pint of ice cream, stock up on spices, or pick out some fresh local greens. It's a great week to save at the Co-op so load up that cart! Not a Member yet? Got Questions? Stop by the Service Desk and say hello.



Not a Member Yet? Join Today!

Learn more, buy shares, start a new account: www.littletoncoop.com/membership



Monday November 11, All Day

Veterans Day was originally known as Armistice Day, celebrating the end of WWI. Now it's a day to celebrate the brave people who served in the military. As a thank you we're offering 10% discount\* to Veterans on 11/11; just let your cashier know you are a current or former service member and we'll apply a discount to your order.

# he Puzzle Competition is Back



Saturday November 16 @3PM

Attention puzzle nerds: Gather your team of 1-4 players and join us in the Co-op Cafe to puzzle as fast as you can! The winning team will receive a prize, and everyone gets a fun afternoon. To register, one person from each team should email info@littletoncoop.org and provide the names of the puzzlers. Space is limited, so sign up today.

## It's Turkey Time



The holiday is fast approaching, so if you have a special bird in mind for your Thanksgiving feast, be sure to reserve it ASAP. Note that some of our larger-size birds, along with Misty Knoll and Stonewood Farm turkeys, are in limited quantity or have early order deadlines - don't wait! Order online today, stop by the Meat Department, or call 603-444-2800.

## Order Online: www.LittletonCoop.com/Turkeys

Don't panic, though. We'll also have plenty of excellent quality fresh and frozen turkeys to choose from as we get closer to the holiday, so there's no need to pre-order if you're not particular. Just come on in and pick one out!

# Thanksgiving Dinners To-Go





We are offering individual turkey dinners to-go from our Co-op Kitchen, so it's easy to enjoy a traditional feast without all the mess and fuss of cooking at home. |

Each meal is \$25.99 and includes a single serving of herbed turkey and gravy, garlic mashed potatoes with cream, savory herb bread stuffing, mashed butternut squash with maple syrup and cinnamon butter, sauteed green beans, cranberry sauce, a baked dinner roll with a pat of butter, and a slice of maple apple bread pudding with a sugar garnish. Just warm everything up at home and enjoy!

Quantities are limited and we sell out early every year, so don't wait to reserve yours. Order online today, stop by the Deli Department, or call 603-444-2800.



Order Online: www.littletoncoop.com/thanksgivingdinner

# MORE FROM YOUR STORE

# Help a Local Family This Holiday



## Saturday November 2- Saturday November 16

One week left to donate! Since 2021, the Littleton Co-op has provided a simple and easy way for members and customers to give back to their community during the Thanksgiving season.

Each \$10 coupon you purchase at checkout will donate a holiday box filled with potatoes, stuffing, veggies, gravy, and more to a local family in need.

We are setting an ambitious goal of 600 boxes donated between the eight food access organizations, all in time for the holiday. Please consider picking up a donation coupon at checkout through November 16 to help us ensure every family in our community can have a full plate this Thanksgiving.

Thank you for being part of our cooperative community!

# Have a Field Day & Help NATIFS



Now through December 3, for every Field Day item you purchase National Cooperative Grocers is donating \$0.05 to NATIFS, an Indigenous-led organization working to strengthen Native foodways nationally. Field Day includes many pantry basics at an affordable price, from canned goods to cereals to household cleaners. Look for them on our shelves!

# MEMBER UPDATES

# **Patronage is Here**

Fall is an exciting time at the Co-op: foliage, patronage, maple lattes, pumpkin carving. Wait, what did we throw in there? Yes, you read that correctly -- it's Patronage Refund Season!

So what IS patronage? The short version: when the Co-op makes money, we give a portion of it back to our member-owners for shopping here. The more you shopped, the more you earned. If you're a member and you shopped in 2023, you may have store credit available the next time you check out! If you're the primary Member on your account, just ask your cashier for more info.

Want to learn more? Visit littletoncoop.com/patronage.

# YOUR CO-OP COMMUNITY

# **Round Up for The Community Fund**



## **Round Up this November to support our local Food Pantries!**

We believe everyone in our community deserves access to good, nutritious, delicious food. Life can throw some major curveballs, leaving many folks in our community struggling to put food on the table. The food pantries and food access organizations in our area fill that need, supplying free nutritious food to help those folks out that need it.

All funds from the this month's Partner of the Month program will be distributed equally between the following organizations: Whitefield Food Pantry, Good Neighbor Food Pantry, Bethlehem Food Pantry, Bethlehem Little Free Pantry, All Saints Food Cupboard, Littleton Little Free Pantry, Littleton Food Pantry, Littleton Area Mutual Aid (LAMA), and Artisans with a Mission (AWAM)

## Whitefield Food Pantry

3 School Street, Whitefield (at Whitefield Christian Church)

Open: Thursdays @ 3:30 - 5:00 pm

## **Good Neighbor Food Pantry**

44 Church Street Franconia

Open: Tuesdays @ 11 am - 12 pm

## Bethlehem Food Pantry

2155 Main St., Bethlehem (In Town Hall)

Open: Mondays & Thursdays @ 2 - 3 pm; Tuesdays - 10 am

- 12 pm

## **Bethlehem Little Free Pantry**

2155 Main St., Bethlehem (Behind Town Hall)

Open 24 hours a day, 7 days a week

## **All Saints Food Cupboard**

35 School St., Littleton

Tuesdays, Thursdays, and Sundays - 9 am - 10 am

## Little Free Pantry

189 Main St., Littleton

Open 24 hours a day, 7 days a week

## Littleton Food Pantry

70 Redington St., Littleton

Tuesdays, Wednesdays, Saturdays 10am-12pm

## LAMA (Littleton Area Mutual Aid)

@littletonareamutualaid on Instagram