

Weekly Specials & Co-op News: Friday May 22 - Thursday May 28 2026

## PRODUCE

California Cherries	\$5.99/lb
Whole Seedless Watermelon	\$5.99
South Carolina Peaches	\$2.49/lb
Sweet Corn	6/\$4
Champagne Mangoes	99¢
Avocados, Organic	99¢
Garlic, Organic	\$3.99/lb
Beefsteak Tomatoes, Organic	\$2.99/lb

## BAKERY

Jessica's Tuscan Pane Bread, 20 oz, Select Varieties	\$2.49
St. Pierre Belgian Waffle, 6 pk	\$5.49
Stonefire Artisan Flatbread, 2 pk	2/\$4

## IN THE FRIDGE

Health-Ade Kombucha, 16 oz	2/\$6
Cabot Cheese Slices & Cuts, 7-8 oz, Select Varieties	2/\$5
Almond Breeze Alternative Milks, 64 oz	\$2.99
Reddi-Wip Whipped Cream, 6.5 oz	\$3.29
Hood Sour Cream, 16 oz	\$1.99
So Delicious Coconutmilk, 64 oz	\$4.39
Ithaca Hummus, 10 oz	\$3.99
Chameleon Coffee Cold Brew, 32 oz	\$7.99

## BULK FOODS

19th Hole Snack Mix	\$4.99/lb
Milk Chocolate Peanuts	\$8.99/lb
Raw Almonds, Organic	\$9.99/lb
Lotus White Jasmine Rice, Organic	\$2.99/lb
Dark Chocolate Pecan Granola	\$12.99/lb
Energy Power Trail Mix	\$7.99/lb

## MEAT

SERVICE COUNTER: 7AM-7PM DAILY

New York Sirloin, Boneless	\$9.99/lb
Chicken Thighs, Boneless & Skinless	\$2.99/lb
Pork Sirloin, Boneless	\$2.59/lb
Pork Cutlets, Boneless	\$2.99/lb
Bilinski's Chicken Sausage, 12 oz	\$7.99
McKenzie Franks, Natural Casing, 12 oz	\$6.59

## SEAFOOD

SERVICE COUNTER: 7AM-7PM DAILY

Wild Yellowfin Tuna, Previously Frozen	\$9.99/lb
Schooner Breaded Haddock, 1 lb	\$6.99
Sea Best Shrimp, Raw EZ Peel, 40-50 ct / 1 lb	\$7.99
Duck Trap Smoked Trout, 8 oz	\$8.99

## DELI

Allison's Potato Salad	\$5.99/lb
Coleslaw	\$2.99/lb
New England Traditions Rare Roast Beef	\$9.99/lb
Boar's Head Mozzarella Cheese	\$4.49/lb

## PROVISIONS

Co-op Wholesale

Featured Deals!	Case Qty	Sale Price	YOU SAVE:
Larabar Fruit & Nut Bars, 1.6-1.7 oz	16	\$19.99	\$34.50
Just Ice Tea 16 oz	12	\$19.99	\$12.00
Talenti Gelato or Sorbetto, 16 oz, Select Varieties	8	\$34.99	\$53.00

### Provisions is a new benefit for Co-op Members!

Browse a wide range of products in our online wholesale catalog, place your order via secure checkout, and pick it up here at the Co-op once it arrives. Easy!

Provisions pricing has two components: a Base Price and Volume Discounts. The Base Price is 10-15% off the retail price. The more you buy, the more you save!

[littleton.provisions.coop/collections/weekly-specials](http://littleton.provisions.coop/collections/weekly-specials)





## BEER & WINE

Nuku Sauvignon Blanc, 750 ml	\$8.99
Vieux Papes Wines, 750 ml	\$7.99
Sun Cruiser, 8 pk	\$17.99
Samuel Adams Brewing, 12 pk	\$17.99

## GROCERY

<b>Stubbs Marinade &amp; BBQ Sauce, 12-18 oz</b>	<b>2/\$6</b>
<b>MiNina Tortilla Chips, 12 oz</b>	<b>\$3.99</b>
Classico Pasta Sauce, 24 oz	2/\$5
Barilla Pasta, 12-16 oz, Select Varieties	3/\$4
  Cabot Mac & Cheese, 6.25 oz	2/\$3
Bush's Baked Beans, 28 oz	2/\$5
Hidden Valley Ranch Dressing, 16 oz	\$4.29
Vlasic Pickles 16-24 oz, Select Varieties	2/\$5
Jet Puffed Marshmallows, 12 oz	2/\$3
Hershey's Chocolate Bars & Reeses PB Cups, 6 pks	\$6.99
<b>S'MORES!</b> Nabisco Graham Crackers, 14.4 oz	\$3.99
Stacy's Pita Chips, 7.33 oz	\$2.99
 Blue Diamond Nut Thins, 4.25 oz	2/\$7
Tostitos Tortilla Chips, 11-13 oz	2/\$6
Doritos Tortilla Chips, 9.25 oz	2/\$6
Lay's Potato Chips, 7-8 oz	2/\$6
Tostitos Salsa, 15.5 oz	2/\$6
 Nixie Sparkling Water, 8 pk	2/\$9
Vita Coco Coconut Water, 33.8 oz	\$4.49
Late July Snacks Tortilla Chips, 6-10.1 oz	\$3.99
  Equal Exchange Chocolate Bars, 4.29	\$4.29
 Woodstock Pickles, 24 oz	\$4.99
 Woodstock Ketchup, 19.5-20 oz	\$3.39
Larabar Fruit & Nut Bars, 1.6-1.7 oz	4/\$6
 Santa Cruz Lemonade or Limade, 32 oz	2/\$5
Biokleen Liquid Laundry Detergent, 64 oz	\$12.99




## FROZEN

<b>Gifford's Ice Cream, 32 oz</b>	<b>\$3.99</b>
 Cascadian Farm Frozen Veggies, 10-16 oz, Select Varieties	\$3.49
 Cascadian Farm Frozen Fruit, 10 oz	\$4.49
Morning Star Alternative Meats, 5.25-12 oz	\$4.49
Eggo Waffles, 12.3 oz	2/\$5
Feel Good Foods Appetizers, 6-10 oz, Select Varieties	\$6.99
Talenti Gelato or Sorbetto, 16 oz, Select Varieties	\$4.99

## BEAUTY & WELLNESS

Everyone 3-in-1 Soap, 32 oz, Select Varieties	\$6.99
Oregon's Wild Harvest Vitamin C, 60ct	\$18.99
Natural Factors Wild Alaskan Salmon Oil, 1000mg, 90ct	\$11.99

## SPECIALTY FOODS & CHEESES

 Maplebrook Fresh Mozzarella Balls, 8 oz	2/\$7
 Jasper Hill Farm Sherry Gray, 7 oz	\$15.99
 Vermont Creamery Crumbled Goat Cheese	\$5.99

## Cheese of the Week:



While Supplies Last! Price tag reflects current discount.







**Open Daily: 7 AM - 8 PM**  
**Meat Counter: 7 AM - 7 PM**

**Deli: Fri & Sat 7 AM - 7 PM**  
**Sun-Thu 7 AM - 6 PM**

**43 Bethlehem Rd. (603) 444-2800**  
**Littleton, N.H. LittletonCoop.com**

### Symbol Guide

 Local Grower / Producer	 Made by a Co-op
 USDA Certified Organic	 Inclusive Trade

### Sales & Discounts:

\*Discounts apply to eligible items only; standard restrictions apply. Prices may be subject to change. We are not responsible for typographic errors. Have a question? Come see the friendly folks at our Service Desk for details!

# Event Calendar

- Mon May 25 Memorial Day - Open 7am-8pm
- Thu Jun 4 40 Years of Fair Trade w/ Equal Exchange @5-6PM (RSVP)
- Fri Jun 5 Senior Member Discount Day
- Sat Jun 13 Grow Pizza Herbs w/ Littleton Garden Club @1:30PM (RSVP)
- Sat Jun 20 Meet the Artist:  
Carolyn Guest @1-3PM



To see our full list of events or to RSVP:  
[www.littletoncoop.com/events](http://www.littletoncoop.com/events)

## MORE FROM YOUR STORE

### Get Your Grill On!



Memorial Day Weekend and warmer weather are coming, and we're turning our dials to GRILL!

Our fantastic team in the Meat Department has been skewering protein and veggie kebabs for y'all like there's no tomorrow. The first of summer's sweet corn has arrived and is calling our names. Allison has potato salad and other sides in the Deli coming out at a rate unseen by man. And we have every beverage option, alcoholic or not, ready to quench your ice cold thirst. Open 7AM - 8PM every day!

This weekend is also about remembering and honoring all of the courageous folks who gave their lives for this country. The military community is close to our hearts; it's in our employees, in our members, and in our community. Wishing you all a happy and safe Memorial Day.

## Forty Years of Fair Trade



**Thursday June 4 @5PM - Free!**  
Equal Exchange Worker-Owner Leah Madsen will be at the Co-op to share more about the company's rich forty year history in the Fair Trade movement. Equal Exchange chocolate and snacks will be served! This presentation is bound to be inspiring and delicious. Save your seat - RSVP Requested.



**Not a Member Yet? Join Today!**  
Learn more, buy shares, start a new account:  
[www.littletoncoop.com/membership](http://www.littletoncoop.com/membership)

## Party Platters for Grads & Dads



Graduations, summer corporate events, and Father's Day are perfect opportunities to let your Co-op do the work of feeding your crowd. We offer everything from wrap platters, fruit & veggie platters, all the way through trays of Co-op cookies for dessert. Make your next party easier. To order, please call 603-444-2800 or email [orders@littletoncoop.org](mailto:orders@littletoncoop.org)

**Platter Menu:** [www.littletoncoop.com/custom](http://www.littletoncoop.com/custom)

## May is AANHPI Heritage Month



For Jash Mehta, drinking a daily latte was more than just consuming a beverage; it was conversation, community, and a chance to reach out to other women. From these connections came Pop & Botle canned lattes! Check out our latest Spotlight, celebrating Asian American, Native Hawaiian, and Pacific Island (AANHPI) producers.

[www.littletoncoop.com/producer-spotlight-pop-and-bottle](http://www.littletoncoop.com/producer-spotlight-pop-and-bottle)

## Tell Us What You Think.



We're always asking ourselves how we can do better, and every few years we take a deeper dive into that question. You know what that means - survey time!

We're inviting all shoppers (no membership required!) to answer some questions about your shopping habits, your satisfaction with what we offer, whether the Co-op feels welcoming to you, and what products you'd love to see on our shelves.

The survey takes about 10 minutes, and your answers will directly influence our next Strategic Plan, a document that will guide everything from how we spend our budget to what we prioritize as a community.

We need to hear from YOU in order to build a strong foundation for this project. Take the survey here:

[www.surveymonkey.com/r/coopsurvey26](http://www.surveymonkey.com/r/coopsurvey26)

# FRESH, NEW, & FUN

## Bountiful Garden Blooms



Get your garden growing! We have plenty of hanging baskets and other assorted outdoor plants to bring some color to your days and your home.

Our beautiful baskets come from just across the way at 4 Corners Farm in Newbury, VT. Plan a trip to the Co-op to grab your favorite combination of colors and blooms -- at this year's lower prices the hanging baskets won't last long!

We also have lots of herbs, starts, sun-loving succulents, and additional blooms in limited supply. Don't wait - they'll be gone by summer!

## Fiddlehead Season is Here



Fiddleheads from White Mountain Forager have arrived! These speing delicacies are like a curled up asparagus stalk, with more earthy notes. Fiddleheads have also been compared to the taste of spinach and artichokes, but die-hard fiddlefans will emphasize the young fronds have a taste that's all their own. Remember, you MUST cook these before you eat them!

## We Have Creatine!



Looking to add a creatine supplement to your wellness routine? Look no further than our Wellness Department! We have creatine powder starting under \$20. Creatine has been shown to boost endurance, increase muscle strength and mass, and improve recovery. All of our options are unflavored, and we have monohydrate and micronized varieties.

Do you love serving your community?  
Would your friends describe you as attentive,  
hard working, and a fun hang? Then we want you  
to be our coworker at the Littleton Co-op!

Now hiring:

**Assistant Meat Manager  
Meat Cutter**



Apply Online: [LittletonCoop.com/jobs](http://LittletonCoop.com/jobs)

# YOUR CO-OP COMMUNITY

## Free Coffee For First Responders



You serve us; let us serve you. All on-duty uniformed law enforcement, fire department, and medical personnel can enjoy FREE hot coffee from our Cafe. The fine folks working to protect and serve our community can swing by & enjoy Fair Trade Equal Exchange coffee, available in four blends daily. Our full Coffee bar is open 7AM-1PM, and some coffee is available until 5PM daily.

## May / June Art in the Cafe



Carolyn Guest is a Vermont-based artist who excels in the traditional Polish folk art called Wycinanki, ie cut paper designs made using sheep shears. Adding a Vermont spin on things, Carolyn uses traditional shears to create Vermont-themed scenes, which are then mounted and framed. Each piece is painstakingly crafted - some of them are very tiny! - and highly detailed.

Make sure your next trip includes a stop into the Cafe to check out Carolyn's work through the end of June!

## Round Up for Adventure!



The Cross New Hampshire Adventure Trail (xNHAT) is an 83 mile bicycle route in northern NH that travels through scenic river valleys and the Presidential Mountain Range. Most of the route is on rail trail, also includes a patchwork of dirt and paved roads. These routes link together for an adventurous bike route from Woodsville, New Hampshire to Bethel, Maine. On the Cross New Hampshire Adventure Trail (xNHAT), intrepid cyclists can experience the glory of the northern New Hampshire landscape, learn about the natural and cultural history of the region and partake in the hospitality of the many small towns along way.

All donations and round-ups made during the month of May will help xNHAT improve their trails, share information & resources, and more!

[www.littletoncoop.com/about/partnerofthemoth](http://www.littletoncoop.com/about/partnerofthemoth)