



Weekly Specials: Fri May 16 - Thu May 22 2025

SUMMER HOURS START MAY 16: OPEN 7 AM-9PM DAILY



16 oz
Strawberries
2/\$4



Premium
Baby Back Ribs
\$3⁹⁹
Lb









59 oz
Newman's Own Lemonade
\$1⁹⁹






PRODUCE

Strawberries, 16 oz	2/\$4
Florida Broccoli Crowns	99¢/lb
Whole Seedless Watermelon	\$5.99
  Small Axe Farm Mesclun Mix, 7 oz	\$3.99
Florida Blueberries, 1 Pint	2/\$6
Sweet Corn	12/\$6
Sweet Vidalia Onions	99¢/lb
Marie's Dressings, 12 oz, Select Varieties	2/\$7

REFRIGERATED

Newman's Own Lemonade, 59 oz	\$1.99
  Cabot Cheese Bars & Shreds, 6-8 oz Select Varieties	2/\$5
  Stonyfield Greek Yogurt, 30-32 oz Select Varieties	\$7.99
Hood Half & Half Creamer, 32 oz	\$2.89
  Cabot Whipped Cream, 7 oz	2/\$5
Heluva Good Dip, 12 oz	\$1.99
Jello & Pudding SF Snack Packs, 4 pks	\$2.99

BULK FOODS

 Raw Cane Sugar	\$1.99/lb
 Vitamin C Sunny Fruit Slices	\$6.99/lb
Yogurt Raisins	\$5.99/lb
 Roasted & Salted Pistachios	\$8.99/lb
Dried Apricots	\$6.99/lb
  Grandy Organics Dark Chocolate Sea Salt Granola	\$9.99/lb

BEER & WINE

Fetzer Chardonnay or Cabernet, 750 ml	\$5.99
Founders Brewing Company, 15 pk	\$15.99
Rossino Soave or Rose, 750 ml	\$8.99
Lagunitas Brewing Company, 12 pk	\$17.99
Caymus Cabernet Sauvignon, 750 ml	\$29.99

MEAT

SERVICE COUNTER: 7AM-7PM DAILY




 Sirloin Tips	\$12.99/lb
Premium Baby Back Ribs	\$3.99/lb
 Family-Pack Ground Chuck	\$5.99/lb
 Boneless Beef Shoulder Steak For London Broil	\$4.99/lb
 Misty Knoll Boneless Chicken Breast	\$11.99/lb
Pork Tenderloins	\$2.99/lb
 Boneless Strip Steak	\$16.99/lb
Niman Ranch Breakfast Sausage Links, 8 oz	\$4.99

SEAFOOD



Fresh Faroe Island Salmon Fillets	\$13.99/lb
SeaBest 26-30 Cooked P&D Shrimp, 1 lb	\$7.79

DELI

SERVICE COUNTER: SUN-THU: 7AM-6PM | FRI & SAT: 7AM-7PM

 Chicken Caesar Salad	\$4.99
 Chicken Bacon Caesar Wrap	\$4.99
Boar's Head Mild Cheddar Cheese	\$6.99/lb
 Mckenzie Turkey Breast	\$8.99/lb
Red Potato Salad	\$4.99/lb

BAKERY

 Golden Kaiser Rolls, 6 pk	\$1.99
Specialty Bakers French Twirls, 4 pk	\$2.99
 Apple Turnover, 4 pk	\$4.49




Fri May 16-Sun May 18
Save big when you buy by the case! See inside for the full list of deals >




GROCERY

Hellman's Mayonnaise, 20-30 oz	\$4.99
Jet Puffed Marshmallows, 12 oz	4/\$5
Hershey Milk Chocolate Bars, 6 pk	2/\$9
Nabisco Graham Crackers, 14.4 oz	2/\$6
Arizona Tea, 128 oz	3/\$10
Barilla Pasta, 12-16 oz, Select Varieties	2/\$3
Chi-Chi's Wraps, 16-17 oz, Select Varieties	\$2.49
Chi-Chi's Salsa, 16 oz	\$2.49
Hidden Valley Ranch Dressing, 16 oz	\$4.19
Franks Hot Sauce, 12 oz, Select Varieties	\$3.49
McCormick Steak & Chicken Seasoning, 3.12-3.4 oz	\$2.19
Sweet Baby Rays BBQ Sauce, 18 oz	2/\$4
Stubbs BBQ Sauce, 18 oz	\$3.79
Jello Gelatin & Pudding Mixes, .3-3 oz	4/\$5
 Port City Pretzels, 8 oz	\$3.49
Mi Nina Tortilla Chips, 12 oz	\$3.99
Stacy's Pita Chips, 7.33 oz	2/\$7
 Blue Diamond Almonds, 6 oz	\$3.29
Planters Peanuts, 16 oz, Select Varieties	2/\$5
Planters Mixed Nuts, 8-10.3 oz, Select Varieties	\$4.49
Mezzetta Mild Pepper Rings, 16 oz	2/\$4
Lays Potato Chips, 7-8 oz	BOGO
Vita Coco Coconut Water, 33.8 oz	2/\$8
Evo Popcorn, 1-1.5 oz	2/\$7
Go Crispies Peanut & Chocolate Crispies, 2 oz	2/\$7
Plant Power Brownies, 3 oz, Select Varieties	\$3.99
 Nixie Sparkling Water, 8 pk	2/\$9
Briannas Dressing & Marinades, 12 oz, Select Varieties	2/\$7
Nature's Bakery Fig Bars, 6 pk	\$4.49
 Lesser Evil Popcorn, 3-6.4 oz	2/\$6
Kingsford Charcoal, 12-16 lb	\$12.99
Glad Trash Bags 30 Gallon, 40 ct	\$9.99
Kleenex Flat Box, 160 ct	\$2.29


WELLNESS

Alba Botanica 50 SPF Sunscreen Spray, 5 oz	\$7.99
Alba Botanica Body Lotion, 32 oz, Herbal Emollient	\$9.99
 Oregon's Wild Harvest Cordyceps, 60ct	\$15.99

FROZEN

Wild Mike's Ultimate Pizza, 40-42.43 oz	\$6.99
 Ben & Jerry's Ice Cream, 16 oz, Select Varieties	\$3.99
Klondike Bars, 6 ct	\$3.79
Woodstock Frozen Veggies, 10 oz, Select Varieties	2/\$5
Beyond Meat Plant-Based Sausages, 14 oz	\$7.49

SPECIALTY FOODS & CHEESES

 VT Farmstead Brie, 6.5 oz	\$6.99
Belgioioso Parmesan, Fontina or American Grana, 8 oz	\$4.99
Kerrygold Blarney or Dubliner, 7 oz	\$5.99

Cheese of the Week: Barber's 1833 Vintage Reserve Cheddar



At Maryland Farm, located about 20 miles from the village of Cheddar, in Ditchat, Somerset, England, the Barber Family has been making cheese for six generations; they are the oldest, ongoing cheese makers in England. Barber's 1833 Vintage Reserve Cheddar is a pasteurized cow milk cheese that has been aged for at least 20 months

resulting in a cheddar with exceptional depth of flavor. This is a robust cheddar with a smooth and creamy texture and distinctive bite. The warm color of butter, Barber's 1833 is studded with protein crystals and delivers rich, savory and naturally sweet notes to the palette. Barber's 1833 pairs well with hoppy ales, onion jam and makes a great grilled cheese sandwich.

Save \$2/lb from May 16 - May 22
(While Supplies Last - Price as Marked on the Label)

STAY IN TOUCH!



Get a handy dandy link to the latest ad & flyer in your email inbox every Thursday, along with all the new items, recipes, community updates, and events you know and love from the Co-op. Save a tree and sign up online at littletoncoop.com - just scroll down the page to sign up for our weekly e-newsletter!



This Week's Flyer:

- 10 Local Items
- 10 Organic Items
- 3 Cooperatively-Made Items
- 0 Fair Trade items

Sales & Discounts:

*Discounts apply to eligible items only, and standard restrictions apply. Prices may be subject to change; we are not responsible for typographic errors. Have a question? Come see the friendly folks at our Service Desk for details.

Open Daily: 7 AM to 8 PM
Deli & Meat Service Hours:
See Section in Flyer

43 Bethlehem Rd.
Littleton, N.H.

(603) 444-2800
LittletonCoop.com



Stock Up! Fri May 16 - Sun May 18, 2025

SAVE when you purchase items by the case!
Everyone is welcome to shop at the Co-op :)



12 oz Cans - Case of 12
Culture Pop Soda
\$13⁹⁹
YOU SAVE \$9
OFF REG PRICE



6 oz Boxes - Case of 12
Annie's Mac & Cheese
\$14⁹⁹
YOU SAVE \$24
OFF REG PRICE



15 oz Cans - Case of 12
Field Day Beans
\$14⁹⁹
YOU SAVE \$2
OFF REG PRICE



1.6 oz Bars - Case of 16
Larabars
\$14⁹⁹
YOU SAVE \$20
OFF REG PRICE



5 oz Cans - Case of 12
Field Day Light Tuna
\$19⁹⁹
YOU SAVE \$7
OFF REG PRICE



16 oz Jars - Case of 12
Teddie Peanut Butter
\$34⁹⁹
YOU SAVE \$24
OFF REG PRICE

SPRING CASE LOT SALE: MAY 16-18

ITEM	# PER CASE	SALE PRICE	YOU SAVE:
Annie's Mac & Cheese, 6 oz	12	\$14.99	\$24.50
Culture Pop Soda, 12 oz	12	\$13.99	\$9.90
Field Day Coconut Water, 33.8 oz	12	\$24.99	\$28.89
Good Crisp Chips, 5.6 oz	8	\$16.99	\$7.01
Larabars, 1.6 oz	16	\$14.99	\$20.00
Muir Glen Tomatoes, 14.5 oz	12	\$19.99	\$4.01
Mountain Valley Spring Water, 1 ltr	12	\$19.99	\$15.90
Noka Smoothies, 4.22 oz	6	\$8.99	\$6.60
Field Day Wild Caught Chunk Light Tuna, 5 oz	12	\$19.99	\$7.49
Field Day Canned Beans, 15 oz	12	\$14.99	\$2.89
Simply Done Paper Towels, 6 pk	1	\$4.99	\$4.00
Teddie Peanut Butter, 16 oz	12	\$34.99	\$24.90
Field Day Bath Tissue, 12 pk	1	\$6.99	\$3.00
Waterloo Sparkling Water, 12 pk	2	\$8.99	\$1.99
Archetype Sauvignon Blanc or Pinot Noir, 750 ml	12	\$59.99	\$47.89
Rossino Rose or Soave, 750 ml	12	\$79.99	\$99.89
Acquisition Cabernet Sauvignon, 750 ml	12	\$49.99	\$57.89

Valid 05/16/25-05/16/25 on select varieties of items. Standard restrictions apply; case lot savings cannot combined with other discounts. Valid only on in-stock items while supplies last. No special orders, early birds, reservations, or rainchecks. See our store display or visit the service desk for more information. :)



EVENT CALENDAR

Fri May 16: Summer Hours Start! Open 7AM-9PM
Fri May 16 - Sun May 18: Spring Case Lot Sale
Mon May 19: Co-op Board of Directors Meeting @5PM
Thu May 22: "Gather" Film Screening at The Colonial @7PM (Tickets Req)
Sun May 25: Co-op Kitchen Cooking Demo @11AM
Mon May 26: Memorial Day - We're Open!
Thu Jun 5: Senior Member Discount Day

To RSVP for an event: visit littletoncoop.com/events, or email info@littletoncoop.org

Extended Hours



Starting Friday May 16!

Now you can get your groceries and your stunning sunset pics at the Co-op, because we'll be open 7AM - 9PM daily! We know warmer weather brings schedule changes, so we're here for you! Meat and Deli service counters will be open daily 7AM to 7PM. (But seriously, what is up with grocery store parking lots and gorgeous sunsets?)

Gather With US (& ACT)



Thursday May 22 @7PM - Tickets Req

We are excited to be partnering with The Colonial Theatre and Ammonoosuc Conservation Trust (ACT) to bring a one night only screening of the critically-acclaimed film "Gather". This film follows the stories of Native Americans reclaiming and recovering food to bring back health and vitality to their

communities and cultural identities after centuries of genocide. The evening will begin at 7PM with snacks from local farms on the Colonial patio, followed by the film at 7:30PM. Tickets can be purchased in advance on the Colonial's website, or at the theatre that night: bethlehemcolonial.org

Thanks For Coming!



A big thank you to everyone who attended our 16th Co-op Annual Meeting at The Rocks! We had a great time enjoying Chef Joe's Catering with you, playing Co-op "bingo," and sharing an inside look at store operations. If you have any of your own fun photos from the evening, we'd love to see them! Email: info@littletoncoop.org

MEET THE BOARD



Deb Rossetti-Sullivan



Timothy Healey



Vanessa Robbins



Charise Baker



Sam Brown



Louise Erskine



Robert Goss



Molly O'Brien



Mitra Karimian

We are thrilled to announce the results of our 2025 Board Election! Please join us in giving a warm welcome to new director Louise Erskine, and a welcome back to returning directors Sam Brown and Tim Healey.

We'd like to thank all the folks that made this such a spirited election! It was a tight contest, and for good reason - all four candidates all brought great ideas and energy to the table, and made us so grateful to have a cooperative body filled with a diverse and talented mix of people.

And to our members -- thank you for a record setting voter turnout for the second year in a row! Great co-ops become great and stay great only with your help.

If you see one of these friendly faces in the store, make sure to say hello and offer your congratulations, too!

Board Meeting on Monday!



Cooperators of all shapes and sizes are welcome to attend and observe the May Board of Directors monthly online meeting on Monday, May 19th at 5PM on Zoom. The Board will discuss the recent election, Annual Meeting, and plan for the future with the newly elected Board Directors. We will also get updates from the GM Search Committee. RSVP for the Zoom link:

Board@LittletonCoop.org

B.O.D.

Deb Rossetti-Sullivan, Pres.
 Timothy Healey, Vice Pres.
 Charise Baker, Secretary
 Sam Brown, Treasurer
 Vanessa Robbins, Director

Robert Goss, Director
 Mitra Karimian, Director
 Molly O'Brien, Director
 Louise Erskine, Director

Contact: board@littletoncoop.org

MORE FROM YOUR STORE

Locally Grown, for Your Garden



Okay gardeners, it's time to get growing! We've been getting deliveries of fresh, locally grown plants from UpRooted Greenhouse (NH), Four Corners Farm (VT), and Claussen's Greenhouses (VT), all ready for your porch, pots, or gardens!

Keep in mind that spring hasn't fully sprung quite yet; we're in USDA growing zones 4b-5a so we could still have a frosty morning here or there. For now we have a lovely selection of healthy plants, including hanging baskets, potted perennials, assorted herbs, and blooming annuals. Just make sure you bring your plants in on cold nights, or cover them up so they don't freeze!

Hooray for Hydration



Leisure Hydration doesn't want to replace your favorite sports beverage -- but they want to make sure you're thinking about hydration even when you're not at the gym. Each flavor is non-carbonated, caffeine-free, and contains just five grams of sugar. Just a little sweet! Find them in our new single beverage section near the registers!

Dip It Real Good



Nuts for Cheese decided just because a product is dairy free, doesn't mean it has to be boring. Their creamy cashew dips come in Roasted Red Pepper, Dill Pickle, and Artichoke & Jalapeno. All the great flavors, but no dairy, soy, gluten, and oil. Find them today in the Fresh cooler.

YOUR CO-OP COMMUNITY

Round Up for Disabled Veterans!



Round up at the register this May for Disabled American Veterans of the North Country!

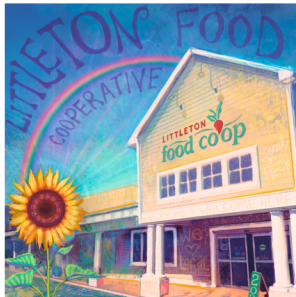
Disabled American Veterans (DAV) provides a wide range of free support services and professional assistance to veterans, their families, and survivors, including: advocating for veterans' rights and benefits, assisting with VA claims and benefits, providing job training and placement assistance, offering mental health support, and connecting veterans to various resources.

Every penny you contribute in May goes to the North Country chapter of DAV! Learn more: dav.org

Not A Member Yet?

Everyone is welcome to shop at the co-op - no Membership Required - but only Members get perks like discounts on Member Days, savings on special orders by the case, and the ability to vote in elections (if you own 4+ shares). Join today: littletoncoop.com/membership

2024 Annual Report - Now Online!



Missed the Annual Meeting? Our 2024 annual report can now be found on our website. Get the scoop on our "big picture" community impact, our current financial outlook, and some cooperative musings from our General Manager Ed King and the VP of our Board, Tim Healey. Read it online here: LittletonCoop.com/Documents