



**Member
Choice**

Weekly Specials: Fri May 9 - Thu May 15 2025

Discount Week: Fri May 9 - Thu May 15

Co-op Members Pick ONE shopping trip to SAVE 10%!*



**Organic
Cantaloupe**

2/\$6



**Bone-In
Center Cut
Pork Chops**

**\$1.59
Lb**



**16 oz
Green Mt
Gringo
Salsa**

2/\$6

PRODUCE

Cantaloupe	2/\$6
Strawberries, 16 oz	2/\$7
Red, Orange, or Yellow Peppers	\$1.99/lb
Navel Oranges, 4 lb	\$2.99
Mangoes	4/\$5
Russet Potatoes, 5 lb	2/\$4
Mini Seedless Cucumbers	2/\$3
Summer or Zucchini Squash	99¢/lb

BAKERY

Gourmet Chocolate Chip Cookies, 6 pk	\$3.99
St. Pierre Brioche Loaf, 17.6 oz	\$6.49
Specialty Bakers Dessert Shells, 6 pk	\$1.99

REFRIGERATED

Brown Cow Yogurt, 32 oz	\$2.99
Planet Oat Creamer & Oatmilk, 32-52 oz	2/\$5
Bizzy Cold Brew Coffee, 48 oz	2/\$9
GT's Alive Ancient Mushroom Elixirs, 16 oz	2/\$6
Califia Farms Unsweetened Almondmilk, 48 oz	\$4.69
Sigg'i's Skyr Yogurt, 5.3 oz	2/\$3
Hood Heavy Cream, 16 oz	\$3.19
Buitoni Stuffed Ravioli, 20 oz	\$6.99

BULK FOODS

Magical Mystery Trail Mix	\$8.99/lb
Raw Almonds	\$6.99/lb
Kingdom Coffee Roasters, Whole Bean Coffees, Select Varieties	\$14.99/lb
Lotus Jasmine Rice	\$2.99/lb
Whole Medjool Dates	\$7.99/lb
Maine Grains Whole Wheat Flour	\$1.99/lb
Milk Chocolate Covered Gummy Bears	\$7.99/lb

MEAT

SERVICE COUNTER: 7AM-7PM DAILY

Bone-In Center Cut Pork Chops	\$1.59/lb
North Country Smokehouse Sausages, 12-16 oz	\$5.99
Top Round Oven Roast	\$5.59/lb
NEW! Colvard Sausage, 16 oz	\$8.99
Force of Nature Meats	10% Off

SEAFOOD

Wild Skinless Cod Fillets, previously frozen	\$9.99/lb
Handy Korean-Style Crunchy Shrimp, 7.5 oz	\$6.99
Handy Sweet Chili Shrimp Rolls, 8 oz	\$6.99
Handy Old Bay Crab Cakes, 6 oz	\$6.99
Duck Trap Smoked Nova Salmon, 4 oz	\$5.99

DELI

SERVICE COUNTER: SUN-THU: 7AM-6PM | FRI & SAT: 7AM-7PM

Cucumber Tomato Mozzarella Salad	\$4.99 lb
Boar's Head Deluxe Ham	\$6.99/lb
Boar's Head Muenster Cheese	\$5.99/lb
Asian Sesame Noodle Salad	\$4.99/lb

BEER & WINE

High Noon Hard Seltzer, 8 pk	\$15.99
Moncaro Wines, 750 ml	\$9.99
Allagash Brewing Co., 12 pk	\$17.99
LaMarca Prosecco, 750 ml	\$14.99
Hermit Woods Wines, 750 ml	25% off

Spring Blooms for Mom!


Time to get growing! Our spring plants are here, including high quality hanging baskets from 4 Corners Farm, veggie and herb starts for your garden, and cool weather annuals to add a pop of color to your porch.




GROCERY

	Green Mountain Gringo Salsa, 16 oz	2/\$6
	Late July Tortilla Chips, 7.4-10.1 oz	2/\$5
	Santa Cruz Lemonades, 32 oz	2/\$4
	Spindrift Sparkling Water, 96 oz	2/\$9
	Fullers Maple Syrup, 32 oz	10% off
	Wide Awake K-Cups, 10 ct	\$4.49
	Knorr Pasta & Rice Sides, 4.5-5.7 oz	4/\$5
	Cabot Mac & Cheese, 6.25 oz	2/\$4
	B&M Baked Beans, 16 oz	2/\$3
	Food Club Mayonnaise, 30 oz	\$3.69
	Food Club Relish, 16 oz	\$1.99
	Newman's Own Cookies & Figs, 10-13 oz	\$2.99
	Tostitos Tortilla Chips, 10-13 oz	\$3.99
	Kind Healthy Grain Clusters, 11 oz	\$4.99
	R.W. Knudsen Juice, 32 oz, Select Varieties	\$6.99
	Gimme Seaweed Snacks, .32-.35 oz	\$1.79
	Waterloo Sparkling Water, 12 pks	\$5.49
	Theo Chocolate Bars, 3 oz	\$3.29
	Bonne Maman Peanut Chocolate Spread, 12.3 oz	\$4.79
	Jade Leaf Matcha, 7 ct	\$5.79
	Good Time Earth Coffee & Tea, 2.4 oz	\$4.99
	Good Time Earth Herbal Tea, .6 oz	\$3.99
	Cookie Pal Dog Treats, 8.8-10 oz	2/\$9

FROZEN




	Outshine Frozen Fruit Bars, 16.5 oz	\$3.99
	MorningStar Farms Meat Alternatives, 5.25-10 oz	2/\$7
	Beyond Meat Plant-Based Sausages, 14 oz	\$7.49
	McCain Beer Onion Rings, 14 oz	\$3.49
	Eggo Pancake & Waffles, 10.9-15 oz	\$2.99
	Tillamook Ice Cream, 48 oz	\$5.99
	Amy's Burritos, 5-6 oz, Select Varieties	2/\$6

WELLNESS

	Aura Cacia Mineral Baths, 2.5 oz, Select Varieties	2/\$4
	Nordic Naturals Vitamin D3 Gummy, 120 ct	\$12.99
	Organic India Ashwagandha, 180 ct	\$22.99



SPECIALTY FOODS & CHEESES

	Maplebrook Fresh Mozzarella Balls, 8 oz	\$3.99
	Jasper Hill Cellars Harbison, 5 oz	\$10.99
	Old Croc Extra-Sharp or Grand Reserve, 7-10 oz	\$2 off
	Dodoni Halloumi Grilling Cheese, 7.9 oz	\$5.99
	Maine Crisp Buckwheat Crackers, 4 oz	\$6.49
	Rustic Bakery Sourdough Flatbread Crackers, 4-6 oz	\$1 off
	Blake Hill Preserves, 10 oz	\$6.99
	Mr. Bing Chili Crisp, 7 oz	\$10.99

Cheese of the Week: Petit Basque



From the French side of the Pyrenees Mountain Range which separates France and Spain, where vast pastures that provide fertile grazing land stretch as far as the eye can see and home to more than 13,000 sheep and their Basque shepherds, comes the small, but mighty wheel of Petit Basque. Petit Basque is a pasteurized, pure sheep milk

cheese that is similar to its famous French cousin, Ossau-Iraty; a noticeable difference is the size of the wheel. Petit Basque weighs only 1.5 pounds. Petit Basque has a thin, brown, waxed rind (inedible) that yields to a smooth, ivory, melt-in-the mouth paste and a rich flavor due to the high fat content of sheep milk. Savory notes of browned butter and caramel lead to a satisfying nutty finish. A good option for the cheese board, Petit Basque pairs well with cured meats, Marcona almonds, cherries and rustic breads and a robust red wine.

Save \$2/lb from May 9 - May 15

(While Supplies Last - Price as Marked on the Label)

STAY IN TOUCH!



Get a handy dandy link to the latest ad & flyer in your email inbox every Thursday, along with all the new items, recipes, community updates, and events you know and love from the Co-op. Sign up online at littletoncoop.com and scroll down the page to sign up for our weekly e-newsletter!

Not A Member Yet?

Everyone is welcome to shop at the co-op - no Membership Required - but only Members get perks like discounts on Member Days, savings on special orders by the case, and the ability to vote in elections (if you own 4+ shares). Join today: littletoncoop.com/membership



This Week's Flyer:

- 9 Local Items
- 13 Organic Items
- 4 Cooperatively-Made Items
- 0 Fair Trade items

Sales & Discounts:

*Discounts apply to eligible items only, and standard restrictions apply. Prices may be subject to change; we are not responsible for typographic errors. Have a question? Come see the friendly folks at our Service Desk for details.

Open Daily: 7 AM to 8 PM
Deli & Meat Service Hours:
See Section in Flyer

43 Bethlehem Rd.
Littleton, N.H.

(603) 444-2800
LittletonCoop.com

EVENT CALENDAR

Sat May 10: Board Election Voting Ends
 Sat May 10: 16th Anniversary Celebration 12-3pm
 Sun May 11: Mother's Day
 Thu May 15: Storytime with Littleton Library @10AM
 Fri May 16: Summer Hours Start! Open 7AM-9PM
 Fri May 16 - Sun May 18: Spring Case Lot Sale
 Mon May 19: Co-op Board of Directors Meeting @5PM
 Thu May 22: "Gather" Film Screening at The Colonial @7PM (Tickets Req)
 Sun May 25: Co-op Kitchen Cooking Demo @11AM
 Mon May 26: Memorial Day - We're Open!
 Thu Jun 5: Senior Member Discount Day

To RSVP for an event: visit littletoncoop.com/events, or email info@littletoncoop.org

Member Choice Discount Days



Friday May 9- Thursday May 15
 Hey Co-op Members! In celebration of our anniversary, you get to pick ONE shopping trip during these special discount days to save 10%! It's your choice, whether you're stocking up on pantry basics or splurging on something nice for your Mom. Just remember you get ONE trip, and once these days are gone, they're gone!

Celebrate 16 Years With Us!



Saturday May 10 @12-3PM
 Join us for a community birthday party featuring local food and drink samples, live music in the cafe w/ Pablo Flores, special themed cupcakes from Deli Manager Allison, free sparkly fairy hair installation in the cafe by Charise (for kids and adults!), Raffles and specials throughout the store, and plenty more community fun!

Storytime in the Cafe



Thursday May 15 @10AM
 The Littleton Public Library weekly storytime is on the move, and it's coming to the Littleton Co-op! Join us in the Littleton Co-op Cafe for story or two with Ms. Angie and Ms. Morgan. Storytime is full of learning, laughing, and having tons of community fun! All ages welcome! RSVP not required.

SPRING WEEKEND PLANS

Gift Ideas for Your Mama



Motherhood can be complicated, but finding a great Mother's Day gift doesn't have to be. Here at the co-op we have lots more than just groceries, along with some great ideas for your mom, grandma, auntie, or just all around nurturing person who's been there for you. Check out our gift list online:

LittletonCoop.com/mothers-day-gift-guide

Sixteenth Anniversary Celebration

Saturday May 10 12-3 PM

16
 FUN & GAMES
 DESSERT
 LIVE MUSIC
 GIVEAWAYS
 DISCOUNTS
 FAIRY HAIR
 LOCAL FOOD AND DRINK
 FREE VENDOR SAMPLE
 MEMBER APPRECIATION DAY

VOTE! VOTE! VOTE!

2025 Board Election: Apr 26- May 10



Travis Brenchi



Louise Erskine



Sam Brown



Timothy Healey

It's time to vote! Our Board Election closes on Saturday May 10. Eligible Members should have already received a letter or email from Simply Voting with their unique voting credentials. Don't trash the letter or email - it has info you'll need to vote!

We'll have a limited number of paper ballots at the service desk, too. If you need help with voting, please reach out to our Member Coordinator, Becky Colpitts: bcolpitts@littletoncoop.org

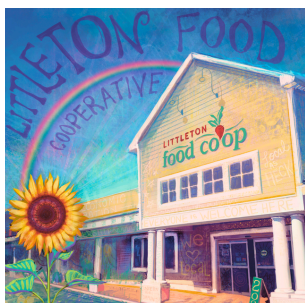
[LittletonCoop.com/Vote](https://littletoncoop.com/vote)

Thanks For Coming!



A big thank you to everyone who attended the 16th Co-op Annual Meeting last week at The Rocks! We had a great time enjoying Chef Joe's Catering with you, playing Co-op "bingo," and sharing an inside look at store operations. If you have any of your own fun photos from the evening, we'd love to see them! Email: info@littletoncoop.org

2024 Annual Report - Now Online!



Missed the Annual Meeting? Our 2024 annual report can now be found on our website. Get the scoop on our "big picture" community impact, our current financial outlook, and some cooperative musings from our General Manager Ed King and the VP of our Board, Tim Healey. Read it online here: [LittletonCoop.com/Documents](https://littletoncoop.com/Documents)

FRESH, NEW, & FUN

The Mix of Champions



This new snack in the bulk Department is a savory mix of dried edamame, hickory smoked almonds, salted macadamia nuts, and cheddar sesame sticks. The included chilli bits add a bit of heat, but it's nicely countered by the buffalo peanuts (which are basically a sweet & hot candied nut). Bring a jar and try some today!

Co-op Merch For Spring



We're looking fun, fresh, and oh so colorful here at the Co-op in our new tie dye shirts! Show your support for your favorite co-op in a classic summer tee option emblazoned with an embroidered logo. We also have new polo shirts for the ~professional cooperators~. Find them in the Co-op merch area in the rear of the Wellness Department.

YOUR CO-OP COMMUNITY

Round Up for Disabled Veterans!



Round up at the register this May for Disabled American Veterans of the North Country!

Disabled American Veterans (DAV) provides a wide range of free support services and professional assistance to veterans, their families, and survivors, including: advocating for veterans' rights and benefits, assisting with VA claims and benefits, providing job training and placement assistance, offering mental health support, and connecting veterans to various resources. Every penny you contribute in May goes to the North Country chapter of DAV!

Learn more at dav.org