



2024 Annual Meeting

Weekly Specials **Fri Apr 26 - Thu May 2, 2024**

"FEEDING THE FUTURE: 15 YEARS ROOTED IN COMMUNITY"
The Rocks, Bethlehem - Thursday May 2 @ 5 pm



Pink Lady or Cosmic Crisp Apples

69¢



16 oz Select Varieties
Talenti Gelato

2/\$7



9-17 oz Select Varieties
Kashi Cereal

\$3.99

PRODUCE

Georgia Blueberries, 1 Pint	2/\$5
Peelz Red Grapefruit	4/\$5
Pink Lady or Cosmic Crisp Apples	69¢
Artichokes	2/\$4
Mangoes	2/\$3
Bartlett Pears	79¢
Cauliflower	\$2.99
Yukon Gold Potatoes	\$1.49/lb
Red, Orange, or Yellow Peppers	\$2.99/lb

BAKERY

Specialty Bakers Dessert Shells, 6 Pk	\$1.59
CO-OP BAKED! Onion Pocket Rolls, 4 Pk	\$2.99
Marie Morin Cheesecakes, 3-3.6 oz	2/\$5

BULK FOODS

Deglet Noor Dates	\$4.99/lb
Energy Power Trail Mix	\$6.99/lb
Lundberg Short Grain Brown Rice	\$2.99/lb
Chia Seeds	\$3.99/lb
Grandy Organics Everything Bagel Cashews	\$14.99/lb
Aurora Naturals Dried Cranberries, No Sugar Added, 9 oz	\$9.99
Yogurt Covered Almonds	\$8.99/lb

SPECIALTY FOODS & CHEESES

Eiffel Tower Brie, 7 oz	\$3.99
BelGioioso Fresh Mozzarella Balls, 8 oz	\$3.59
VT Farmstead Maple Cheddar, Tilsit, Cranberry or Blueberry Windsordale, 7 oz	\$7.59
Rustic Bakery Cheese Coins, 4 oz	\$6.99
Three Little Pigs Petit Toast, 2.8 oz	\$2.99
Burlap & Barrel Single Origin Spices, 1.5-3 oz	\$1 OFF
Fine Cheese Co. Buttercrumb Buttons, 4.4 oz	\$7.99

VOTE

Board Election is April 27- May 10
 Only Full Co-op Members can vote!
 More info: littletoncoop.com/vote

MEAT

Sirloin Tips	\$12.99/lb
Eye Round Beef Roast	\$4.99/lb
Boneless Pork Butts	\$2.49/lb
Boneless Southern-Style Pork Ribs	\$2.69/lb
Chicken Thighs	\$1.59/lb
Chicken Drumsticks	69¢/lb
North Country Smokehouse Sausage, 12-16 oz	\$5.99
Applegate Uncured Beef Hot Dogs, 10 oz	\$5.99

SEAFOOD

Fresh Faroe Island Salmon Fillets	\$17.59/lb
Schooner Crunchy Clam Strips, 16 oz	\$3.99
Roasted Eel, 10 oz	\$12.79

DELI

Boar's Head Teriyaki Chicken	\$7.99/lb
Boar's Head American Cheese	\$4.99/lb
Wunderbar Bologna	\$2.99/lb
Finlandia Imported Swiss Cheese	\$5.99/lb
CO-OP MADE! Chicken Bacon Caesar Wrap	\$6.49
Big Picture Olives, 8 oz	\$4.99

THE WEEKLY RADISH

Event Calendar

LittletonCoop.com/Events

- Sat Apr 27: Free Bunting Workshop @10 am (Walk In)
- Sat Apr 27: Open Mic at the Co-op @3-5pm (RSVP)
- Sat Apr 27: Board Election Begins - Voting Open
- Thu May 2: Annual Meeting @ the Rocks @5pm (RSVP Req)
- Sat May 4: Free Tasting w/ Athletic Brewing @3-5pm (21+)
- Sun May 5: Senior Member Discount Day (65+)
- Wed May 8: Free Tasting w/ Downeast Cider @3-5pm (21+)
- May 10-16: Member Choice Discount Days - YOU pick the time to save 10%. Remember: one use per Membership!
- Fri May 10: Board Election Ends - Voting Closes

Check out our full event page online! To RSVP for an event, visit our website at www.littletoncoop.com/events. Questions? Send us an email: info@littletoncoop.org



GROCERY

Recoup Beverage, 12 oz	2/\$5
Saint James Ice Tea, 16.9 oz	2/\$4
Sea Monsters Seaweed Puffs, 3.5 oz	2/\$7
Tabanero Hot Sauce, 5 oz	2/\$6
Mayawell Soda, 12 oz	\$1.99
Prince Pasta, 16 oz, Select Varieties	4/\$5
Knorr Pasta or Rice Sides, 4-6 oz, Select Varieties	4/\$5
Cabot Mac & Cheese, 6.25 oz	2/\$3
El Paso Taco Shells, 4.5-6 oz	2/\$5
El Pasa Chopped Green Chilies, 4 oz	\$1.79
ChiChi's Salsa, 16 oz	2/\$4
Cholula Hot Sauce, 5 oz	\$2.99
ChiChi's Flour Tortillas, 13-17.5 oz	\$2.19
El Pasa Chopped Green Chilies, 4 oz	\$1.79
El Paso Refried Beans, 16 oz	2/\$3
Food Club Beans, 15.5 oz	89¢
Heinz Ketchup Squeeze, 20 oz	\$2.99
Heinz Chili & Cocktail Sauce, 12 oz	2/\$5
Ghirardelli Brownie Mix, 18-19 oz	\$2.99
Stacy's Pita Chips, 7.33 oz	2/\$6
Tostitos Tortilla Chips, 9-13 oz	2/\$8
Clif Bars, 2.4 oz, Select Varieties	4/\$5
Kashi Cereals, 9-17 oz, Select Varieties	\$3.99
Nixie Sparkling Water, 8-pack	\$3.99
Cleanery Reusable Cleaning Bottle, 24 oz	\$4.99
Cleanery Multi Purpose Cleaner & Bathroom Cleaner, .53 oz Pkt	2/\$6

REFRIGERATED

Rumiano Cheese Bars, 8 oz	\$4.99
Good Foods Tzatziki, 8 oz	\$3.99
Food Club Cheese Bars & Shreds, 8 oz	2/\$4
Chobani Milk Oatmilk, 52 oz	\$3.99
Chobani Yogurt, 5.3 oz, Select Varieties	5/\$5
Kevita Kombucha, 15.2 oz, Select Varieties	2/\$5
Vital Farms Butter, 8 oz	2/\$7

BEER & WINE

Bonterra Wines, 750 ml	\$9.99
McManis Wines, 750 ml	\$12.99
Corona, 12 pk	\$15.99
Modelo, 12 pk	\$17.99



FROZEN

Konscious Onigiri, 7.2 oz	\$5.99
Katz English Muffins, 11 oz	2/\$8
Birds Eye Steam Fresh, 10-11 oz	3/\$5
Ellio's Pizza, 18-19 oz	\$4.49
American Flatbread Pizzas, 13-19 oz	\$6.99
Amy's Burrito, 6 oz	\$2.79
Talenti Gelato, 16 oz, Select Varieties	2/\$7
Ben & Jerry's Ice Cream Pints, 16 oz, Select Varieties	\$3.99

WELLNESS

Sukin Shampoos & Conditioners, 16.9 oz, Select Varieties	\$8.99
Sappo Hill Bar Soap, Select Varieties	2/\$5
Orgain Protein Drinks, 11 oz, Select Varieties	2/\$6

Please Update Your Member Info!!



Don't miss out on important Member updates! If you haven't done so already, this is prime time to check and update your Membership information, make sure your Primary Name, mailing address, and email are correct, acquire more shares, become a full Member, and make your voice heard in the oversight and direction of your Co-op.

Spring into great savings!

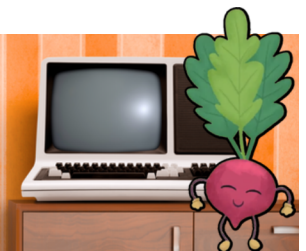
Look for over 65 coupons throughout the store.

Check out the online preview on our specials page: littletoncoop.com

Subscribe!

Get this newsletter in your email every Thursday by subscribing online! (We promise we won't spam you)

www.LittletonCoop.com



This Week's Flyer:
 4 Local Items
 10 Organic Items
 1 Cooperatively-Made Item

Sales & Discounts:
 Discounts apply to eligible items only, and standard restrictions apply. Have a question? Come see the friendly folks at our Service Desk for details.

43 Bethlehem Rd.
 Littleton, N.H.

Open Daily
 7 AM to 8 PM

(603) 444-2800
LittletonCoop.com

THE WEEKLY RADISH

Not a Member Yet? Join Today!
Learn more, buy shares,
or start a new Membership:
www.littletoncoop.com/membership

Fri Apr 26 - Thu May 4, 2024

Annual Meeting

**FEEDING THE FUTURE:
15 YEARS ROOTED IN COMMUNITY**

**Thursday May 2 @5-7pm
The Rocks, Bethlehem**



Attention Members - don't miss out: our 2024 Annual Meeting will be held at The Rocks in Bethlehem on Thursday May 2 from 5-7pm.

This year's event will include presentations by Board Directors and Co-op management, along with guest speakers and awards. We'll also have tasty tapas featuring local ingredients from Spicy Spoke, a cash bar with Rek-Lis Brewing Co., and a special cooperative ice cream treat from Super Secret Ice Cream!

This event is free, but space is limited and you must RSVP to attend. Seats are filling up quickly so don't wait!

RSVP online: littletoncoop.com/events

Special thanks to our event partners:



Open Mic Returns!

Everyone is Welcome!

LITTLETON FOOD CO-OP OPEN MIC

Saturday, April 27th
3PM-5PM **FREE EVENT!**

Come chill out with us in the Co-op Cafe for a presentation of art, poetry, music, spoken word, and more. We're looking for creative folks who want to perform, and also eager listeners who would like to hang out and listen!

If you're keen on participating or just attending, drop us a note at info@littletoncoop.org

Saturday, April 27 @3pm

Join us in the Co-op Cafe for another afternoon that is sure to be full of songs, poetry, funny stories, and more. So start warming up your vocals and stretching those...poetry muscles (are those a thing?). Sign ups will be at the door and we'll need enthusiastic audience members, too!

Bunting Decoration Station



Saturday, April 27 @10am

Our 15th Anniversary Celebration is coming up, and we need help decorating! Stop by the Co-op Cafe and decorate a paper mini-flag with all the things you love about our Co-op, your memories from the previous 15 years, or something you hope for the next 15! We'll clip it to a festive string to adorn our Cafe, for everyone to look at and enjoy.

Board Election

Voting is Open April 27 - May 10, 2024

Meet the 2024 Candidates!

Bob Goss

Deb Rossetti-Sullivan

Brandon Millett

Kimberly Cenki

Dan Crosby

Derek Rust

Molly O'Brien

Attention Full Members:
Look for important voting information from Simply Voting in your mailbox or email!
Remember: One Membership = One Ballot.

Visit our website for more info about candidates and voting:

www.littletoncoop.com/vote



Our annual Board Election is coming soon! Voting is open April 27 and ends on May 10. There are three seats available on our nine-member Board, and we have seven excellent candidates running!

Over the next few weeks we'll be sharing more info and updates about each candidate, so stay tuned.

To be eligible to vote, you must be a Full Member, ie own four or more shares, and be listed as the primary name on your Member account. Now is a great time to get more shares and double check that your info is correct. Just stop by the service desk or send us an email: info@littletoncoop.org.

Keep an eye out for an email or letter from Simply Voting with important ballot information, which includes your special login and password to vote online. Hang on to it - you'll need it to cast your vote between April 27 - May 10!

Need help or more info? Learn more on our website, swing by the service desk, or send us an email.

**Important Member Dates! April 27-May 10: Board Election - Full Members Can Vote Online
May 2: Annual Meeting at The Rocks, Bethlehem @ 5pm // May 10-16: Member Choice Discount Days - You Pick the Time to Save! // May 11: 15th Anniversary Celebration @12-3pm**

FRESH, NEW & FUN

Come to Our Party!

CELEBRATING 15 YEARS OF COOPERATION!

15th Anniversary Celebration

Saturday May 11 @12-3pm

FREE SAMPLES, BEER TASTINGS, RAFFLES & GIVEAWAYS!

Easiest Rice Around



New in the frozen aisle! Dominic is super excited about these new Grain Trust rice options. These precooked, microwavable options have multiple pouches in each box and flavors range from plain brown to fun hibachi fried rice. They make awesome bases for grain bowls - a super easy and customizable dinner or lunch option!

Love Your Body BOGO Sale

love your body



Save BIG on your favorite wellness products during the Love Your Body BOGO sale! Over 30 items in the Wellness Department are "buy one, get one free" now through April 30th. This is the perfect time to restock your personal collection or get a jump on Mother's Day gifting. Make sure you stop by the Wellness corner before you check out!

BOGO BUY ONE, GET ONE FREE wellness deals APRIL 17-30

MORE FROM YOUR STORE

New Podcast Episode 🥟🥟🥟

EPISODE #42 BPE (Big Pierogi Energy)

Listen On

www.littletoncoop.com/podcast

YOUR CO-OP COMMUNITY

Round Up to Help Horses!



Round Up this March to support Free Rein Rescue and Rehab!

This non-profit is run by a dedicated group of volunteers who provide rehabilitation, and sanctuary for horses at risk of needless slaughter at kill pens and auctions. The organization started in 2022 when two draft horses, Artax and Roman, came to the White Mountains to escape the trauma of being cast aside after years of hard labor.

Co-op customers will also have the chance to MEET Roman on Saturday, April 13 from 11am - 1pm, just outside the Co-op! Roman paid us a visit last summer for the Partner of the Month fair, and we feel so honored that he wanted to come back.

Learn More: freereinrescue.org