



ORGANIC
Nature's Path
Frozen Waffles
7.4 OZ

2/\$6



ORGANIC
Annie's
Grahams
& Crackers
7.5 OZ

2/\$8



**Snapdragon
or Sweetango
Apples**
2 LB BAG

2/\$6

PRODUCE

Jumbo Avocados	4/\$5
Snapdragon or Sweetango Apples, 2 lb	2/\$6
 Vidalia Onions, Organic	\$1.29/lb
 Garlic, Organic	\$3.99/lb
Jalapeno Peppers	\$3.99/lb
 Carrots, Loose, Organic	\$1.79/lb
Cara Cara or Minneola Navel Oranges, 3 lb Bag	\$4.99
Mangoes	2/\$3

BAKERY




Buttermilk Biscuits, 6 pk	\$3.99
Golden Kaiser Rolls, 6 pk	\$2.99
Table Talk Blueberry Pie, 8", 24 oz	\$5.99

IN THE FRIDGE

 KeVita Kombucha, 15.2 oz, Select Varieties	2/\$5
Food Club Cheese Bar, 16 oz, Select Varieties	\$3.99
 Cabot Cheese Cuts & Slices, 7-8 oz, Select Varieties	2/\$6
 Velveeta Loaf, 16 oz	\$4.99
Chobani Creamer, 24 oz	\$4.79
Chobani Oatmilk, 52 oz, Select Varieties	\$3.99
Food Club Butter Quarters, 16 oz	\$2.99
Daisy Sour Cream Squeeze, 14 oz	2/\$5
 Evolution Fresh Juices & Smoothies, 15.2 oz	2/\$8

MEAT & SEAFOOD


SERVICE COUNTER: 7AM-7PM DAILY

Center Cut Pork Chops	\$1.99/lb
 Boneless Chuck Roast	\$7.99/lb
 Boneless Ribeye Steak	\$19.99/lb
 Misty Knoll Boneless Breast	\$11.99/lb
Boar's Head Sopressata, 4 oz	\$3.99
Seaweed Salad	\$9.99/lb
Moji Sushi Rolls, 6 oz	\$4.99
Faroe Island Salmon	\$16.99/lb

DELI

 Cranberry Walnut Garden Salad	\$3.99
 Southwest Chicken Wrap	\$4.99
Boar's Head Black Forest Turkey	\$8.99/lb
Boar's Head Lacey Swiss Cheese	\$7.99/lb
Hans Klissle Red Dill Potato Salad	\$2.99/lb

BEER & WINE

Acquisition Cabernet Sauvignon, 750 ml	\$4.99
Vieux Papes Vin De Pays, Red or White, 750 ml	\$7.99
 Northwoods Brewing, 12pk	\$16.99

\$5 OFF



SALE ENDS **APRIL 30TH**


klean kanteen
SELECT VARIETIES






GROCERY

 Annie's Grahams & Crackers, 7.5 oz	2/\$8
Kashi Cereals, 12.7-18 oz, Select Varieties	\$3.99
El Paso Taco Dinner Kits, 8.8-12.5 oz	\$2.99
ChiChi's Flour Tortillas, 17 oz	2/\$5
ChiChi's Salsa, 16 oz	\$2.29
Rotel Tomatoes, 10 oz	4/\$5
Vlasic Pickles, 16-32 oz, Select Varieties	2/\$5
Food Club Grape & Apple Jelly, 18 oz	2/\$3
Ghirardelli Brownie Mix, 18-18.75 oz	\$3.99
Stacy's Pita Chips, 7.33 oz	\$2.99
Mi Nina Tortilla Chips, 12 oz	\$4.69
Doritos Tortilla Chips, 9.25 oz	\$3.99
Magic Chocolate Chocolate Bars, 2.93-3 oz	\$4.49
The Good Crisp Potato Chips, 5.5 oz	\$2.69
Near East Side Dish Mixes, 5.25-10 oz, Select Varieties	2/\$5
 Napa Valley Naturals Extra Virgin Olive Oil, 25.4 oz	\$17.99
Kind Bars, 1.4 oz	2/\$3
Barbara's Cheese Puffs, 5.5-7 oz	\$2.79
Green Mountain Gringo Salsa, 16 oz	\$4.99
Waterloo Sparkling Water, 12 pk	\$6.49
Ultima Replenisher Electrolyte Drink Mix, 3.4-3.9 oz	\$15.99
Simply Done Paper Towels, 6 pk	\$5.99
Simply Done Dish Soap, 19.4 oz	2/\$4

BULK FOODS

 Pistachios, In Shell, Organic	\$8.99/lb
Sunflower Seeds, Roasted & Salted	\$2.99/lb
Golden Temple Granola, Select Varieties	\$4.99/lb
 Pearled Farro, Organic	\$2.99/lb
 Medjool Dates, Organic	\$8.99/lb
Vanilla Chai Almonds	\$8.99/lb

FROZEN

 Nature's Path Frozen Waffles, 7.4 oz	2/\$6
Crav'n Flavor Crab Rangoons, 5 ct	\$2.99
Talenti Gelato & Sorbetto, 16 oz, Select Varieties	\$3.99
 Cascadian Farms Frozen Fruit, 8-10 oz	2/\$8
Dr. Praeger's Veggie Burgers, 10 oz, Select Varieties	\$4.49
 Woodstock Frozen Vegetables, 10 oz, Select Varieties	2/\$5

BEAUTY & WELLNESS

Orgain Ready-to-Drink Protein Shake, Chocolate, 14 oz	2/\$4
Mrs Meyer's Hand Soap, 12.5 oz, Select Varieties	2/\$7
Humble Toothbrush, Adult Sensitive, 2-pk, Select Colors	\$2.49

SPECIALTY CHEESE

BelGioioso Italian-Style Grated Cheese, 5 oz	\$2.99
Castello Danablu Cheese, 4 oz	\$4.99
Emmi Fondue Original, 14 oz	\$3 OFF

Cheese of the Week:



While Supplies Last! Price tag reflects current discount.







Open Daily: 7 AM - 8 PM
Meat Counter: 7 AM - 7 PM

Deli: Fri & Sat 7 AM - 7 PM
Sun-Thu 7 AM - 6 PM

43 Bethlehem Rd. (603) 444-2800
Littleton, N.H. LittletonCoop.com

Symbol Guide

 Local Grower / Producer	 Made by a Co-op
 USDA Certified Organic	 Inclusive Trade

Sales & Discounts:

*Discounts apply to eligible items only; standard restrictions apply. Prices may be subject to change. We are not responsible for typographic errors. Have a question? Come see the friendly folks at our Service Desk for details!

Event Calendar

- Wed Apr 22 Earth Day at the Co-op @11-2 pm
- Mon Apr 27 Board of Directors Meeting on Zoom @5pm
- Sun May 2 Painting NH Native Flowers @1:30pm RSVP
- Tue May 5 Senior Member Discount Day
- Sat May 9 Our 17th Anniversary Celebration!

To see our full list of events or to RSVP:
www.littletoncoop.com/events



Board Meeting on Monday



Monday April 27 @5pm on zoom
Our Board of directors will be hosting their monthly meeting, and Members are welcome to attend and observe. The Board typically goes over the “big picture” projects they are working on, along with a report from our CEO and an educational presentation. If you’d like to listen in, RSVP: info@littletoncoop.org

Painting , Gardening, & Cooperation



Saturday May 2 @1:30-3 pm RSVP
Lynn Bart - local author, artist, and Littleton Garden Club member - will lead this live watercolor painting workshop. Participants will decorate a bookmark with a selection of native NH blooms. No experience with flowers or painting required! This class is FREE but space is limited, so RSVP is required.



Not a Member Yet? Join Today!
Learn more, buy shares, start a new account:
www.littletoncoop.com/membership

Cheers to the BEST



Littleton Food Co-op was voted Best Beer Store in New Hampshire in the 2026 NH Magazine Best of NH readers' poll! The craft beer industry has grown exponentially in NH, and it's been an honor to champion local businesses right alongside the brewers themselves. Thank you to our community for voting - we appreciate it!

Attn Foodies: Work With Us!



Our Prepared Foods team is looking for a chef who will assist in whipping up creative and nutritious meals for our community. In addition to your practical cooking skills, we'd also like you to be organized, responsible, and friendly to all coworkers and customers alike. Apply online:

www.littletoncoop.com/jobs

MORE FROM YOUR STORE

Let's Party



Saturday May 9 @12-3PM - FREE (It's also Member Day!)

We're turning SEVENTEEN! Join us for a community birthday party featuring local food, treats, giveaways, and more! Some of our favorite vendors will be here serving up free samples and tastings. We'll also be revealing our largest mural to date, designed by local artist Zach Johnsen of Baba Yaga.

It's also Member Appreciation Day, so Co-op Members save 10% on eligible items, all day long. It's definitely an afternoon you won't want to miss!

Members, Meet Provisions:



Hey Co-op Members! We have some great news: Provisions Co-op Wholesale is here, and it's a brand new perk just for you.

Provisions is our new and improved way to order the items you love... wholesale! You can check out a huge online catalog with over 20,000 natural and organic products from our main supplier, UNFI. More suppliers will be added soon, too.

Provisions pricing has two components: a Base Price and Volume Discounts. The Base Price is 10-15% off the retail price. The more you buy, the more you save!

- Here are the extra discounts you can earn:
- Save 5% on orders over \$150 (total 15-20%)
- Save 10% on orders over \$450 (total 20-25%)
- Save 15% on orders over \$750 (total 25-30%)

Ready to try Provisions? Check your email for a special Members-only invitation from provisions@littletoncoop.org. Can't find the invite email? No worries - members can sign up on the Provisions website:

www.littleton.provisions.coop

FRESH, NEW, & FUN

Co-op In Bloom



We're so excited to showcase a new design from local artist Pypers Williams on our front windows! Fun fact: this scene reflects some of the native plants and pollinators you can spot on our property in warmer weather, including lupines, purple coneflower, butterflies, bees, and black-eyed susans.

The Co-op Green Team works to support natural biodiversity in the co-op's green spaces, and has taken steps toward planting and re-seeding native wildflowers. We also limit how much we mow, so that everything gets a chance to grow and thrive.

Next time you're here, check out the beautiful new window commemorating our support of native plants and pollinators!

Wildbloom is Back



Just like their namesake blossoms, Wildbloom cans have popped up here at the Co-op! This super-local brewery is located in Littleton and is known for their incredible craftsmanship and inclusion of local ingredients. Check them out in our beer cooler: Ramble (4.4% mountain ale), Natural Athlete (4.2% light lager), and Pop Fly (4.6% pilsner).

Moses Sleeper in a New Size



The buttery, creamy Moses Sleeper you know and love is now available in an 8 oz. wheel. Expect the same fluffy rind, pudding-like paste (but slightly firmer when young, thanks to the different surface area to volume ratio), and delicious cauliflower-y, barnyard-y notes. This new format is perfect for a baked brie, sliced on a sandwich with prosciutto and fig jam, or as a cheese plate for two!

New (To Us) Local Beer



Just in time for warmer days: Woodstock's new frozen fruit bites are covered in chocolate and are the perfect size for snacking. YUM!! So far we have raspberries, strawberries, and orange slices covered in both white and dark Belgian chocolate. Find them in the first freezer door on the right of Aisle 6.

YOUR CO-OP COMMUNITY

Co-op Reflections From Our CEO



Our CEO, Learner Limbaugh, recently traveled to sunny California to speak at the launch of the Initiative for Cooperatives and Civic Innovation. This new program works to fix big challenges that co-ops and similar groups face with money, leadership, and getting their products to more people. The goal is to bring together business owners, investors, leaders, neighbors, and schools so they can work together and create real change.

Want to learn more? Check out Learner's latest blog post on our website:



www.littletoncoop.com/reflections-from-icci-launch

Meet Our April Partner!



Round up at the register in April to help Franconia Children's Center! FCC is a non-profit childcare center that has been around since 1978. It is committed to providing social, emotional, and intellectual guidance and support to children 6-weeks to 6-years of age. FCC is the largest licensed daycare/preschool center in northern Grafton County and is one of four centers in our area that accepts infants and children under the age of three. FCC is also one of the few local daycares open earlier and later to accommodate working hours. They currently have 42 families and 46 children who depend on the center for care.

FCC hopes to use the funds raised during April to purchase the current building that they lease, make critical infrastructure updates, and expand the number of childcare slots. Your donation is important, and will help Please FCC keep their doors open during the ongoing national childcare crisis!