



Weekly Specials

Fri Feb 09 — Thu Feb 15, 2024

SCORE GREAT GAME DAY BARGAINS!



Avocados
79¢



16 oz
Chi-Chi's
Salsa
2/\$4



7.75 oz
Select Varieties
Lay's Potato
Chips

BO GO **BUY ONE GET ONE FREE!**

PRODUCE

Avocados	79¢
Strawberries, 1 lb	2/\$7
Asparagus	\$2.99/lb
Cantaloupe	2/\$4
Jalapeno Peppers	\$1.99/lb
Evercrisp or Snapdragon Apples, 2 lb Bag	\$3.99
Cara Cara Oranges 3lb Bag	\$4.99
Celery Bunch	\$1.99
Cilantro Bunch	2/\$3

BEER & WINE

Rek-Lis Brewing Company, 4 pk	\$15.99
Lagunitas Brewing Company, 12 pk	\$2 OFF
Love Pinot Noir, 750 ML	\$9.99
Zorvino Triple Berry Blush Heart Bottle Wine, 500 ml	\$24.99

BAKERY

Ecce Panis Euro Baguette, 11 oz	\$2.99
Double Chocolate Muffin, 4 pk	\$4.49
Bisou Sweet Raspberry Linzer Heart Cookies, 6 pk	\$6.49

BULK FOODS

Dark Chocolate Caramel Hearts <3	\$9.99/lb
Roasted Salted Cashews	\$8.99/lb
Pearled Farro	\$2.99/lb
Medjool Dates	\$7.99/lb
Pumpkin Seeds	\$5.99/lb
Red Lentils	\$2.49/lb
Cheddar Ale Snack Mix	\$5.99/lb

SPECIALTY CHEESE

Natural Valley Goat Cheese, 7 oz	\$6.99
Maplebrook Farm Feta, 8 oz	\$6.49
Old Croc Sharp, Extra-Sharp or Smoked Cheddar, 7 oz	\$6.49

MEAT

Bottom Round Roast	\$4.59/lb
Boneless Pork Chops	\$2.59/lb
Boneless Pork Roast	\$2.29/lb
Chicken Thighs	\$1.39/lb
Black River Organic Burger, 1 lb	\$9.99
Robie Farms Whole Chickens	\$4.59/lb
North Country Smokehouse Sausage, Select Varieties	\$6.59
North Country Smokehouse Canadian Bacon, 16 oz	\$10.99

SEAFOOD

Fresh Faroe Island Salmon	\$14.99/lb
Mrs. Paul's Fish Sticks or Haddock Fillets, 8-10.4 oz	\$4.49
Regal King Smoked Salmon, 3.5 oz	\$7.99

DELI

North Country Smokehouse Blackforest Ham	\$8.99/lb
Cabot Pepper Jack Cheddar Cheese	\$5.99/lb
Boar's Head Pastrami	\$10.99/lb
Boar's Head Caramelized Onion Jack Cheese	\$6.99/lb
Portland Pie Pizza Dough, 20 oz	\$1.99



INSIDE: Valentines Day treats, Senior Discount Day, Board Candidates Wanted, Open Mic in the Cafe, local Ice Cream & Milk, support the Farm to School Bill, & More!



GROCERY

Tost Sparkling White Tea, 25.4 oz	\$5.99
Martinelli's Sparkling Cider, 25.4 oz	\$2.99
Poland Springs Water, 3ltr	2/\$3
Post Great Grains Cereal, 13-16 oz	\$4.99
Quaker Oats Instant Oatmeal, 8-10 ct	\$3.49
Newman's Own Pasta Sauce, 24 oz Select Varieties	\$2.99
Alessi Pasta Sides, 6.35 oz	\$2.99
Minute Rice, 14 oz	2/\$5
ChiChi's Tortillas, 16-18 oz	2/\$5
ChiChi's Salsa, 16 oz	2/\$4
Newman's Own Salad Dressing, 16 oz	\$3.99
Ghirardelli Brownie Mix, 18-19 oz	\$2.99
Krusteaz Baking Mixes, 15-20 oz Select Varieties	\$2.99
Dare Cookies, 10.6 oz	\$2.79
Lay's Potato Chips, 7.75 oz Select Varieties BOGO	
Lesser Evil Popcorn, 4-7 oz	2/\$5
Garden of Eatin' Tortilla Chips, 16 oz	2/\$7
Paqui Tortilla Chips, 7 oz	\$3.99
Kind Fruit & Nut Bars, 1.4 oz	2/\$3
Bionaturae Pasta, 16 oz Select Varieties	2/\$5
Simply Done Aluminum Foil, 25sf	\$1.59
Fresh Step Cat Litter, 14lb	\$10.99

Subscribe!

Get this flyer in your email every Thursday - just sign up online! (We promise we won't spam you)

www.LittletonCoop.com



Save big at your local food co-op



FROZEN

Ellio's Pizza, 9ct	\$3.99
Haagen-Dazs Butter Cookie Cones, 4ct	\$4.99
Haagen-Dazs Ice Cream, 14 oz	\$3.99
Alexia Potatoes, 15-16 oz Select Varieties	2/\$7
Amy's Pizza, 9-14 oz Select Varieties	\$6.99
Amy's Burritos, 5-6 oz Select Varieties	2/\$6

REFRIGERATED

Green Mtn. Greek Yogurt, 5.3 oz	4/\$5
Planet Oat Oatmilk, 52 oz	\$2.99
Planet Oat Oatmilk Creamer, 32 oz	\$2.99
Reddi Wip Topping, 6.5 oz	\$2.79
Buitoni Family Size Tortellini, 20 oz	\$5.99
GT's Kombucha, 16 oz Select Varieties	2/\$6
Rumiano Block Cheese, 8 oz	2/\$6
Wildbrine Korean Kimchi, 18 oz	\$5.99
Wildbrine Kraut, 18 oz	\$6.99

WELLNESS

Affia Everyday Lotion, 32oz, Lavender or Unscented	\$8.99
Natural Factors StressRelax Suntheanine 125mg, 60ct	\$13.99
Dr Bronners Hand Sanitizer, 2oz, Lavender or Peppermint	2/\$6



Littletoncoop.com/Join-Board

LITTLETON food co-op

This Week's Flyer:

- 9 Local Items
- 1 BOGO Items
- 9 Organic Items
- 1 Cooperatively-Made Items

Sales & Discounts:

Discounts apply to eligible items only, and standard restrictions apply. Have a question? Come see the friendly folks at our Service Desk for details.

43 Bethlehem Rd.
Littleton, N.H.

Open Daily 🌿
7 AM to 8 PM

(603) 444-2800 📞
LittletonCoop.com

Event Calendar

LittletonCoop.com/Events

Sun Feb 11: Superbowl Sunday
 Wed Feb 14: Valentine's Day
 Fri Feb 16: Fish Friday #1
 Sat Feb 17: Open Mic in Cafe @3-5pm)
 Sat Feb 24: Member Appreciation Day
 Mon Feb 26: Board Meeting on Zoom @5pm (RSVP)
 Thu Feb 29: SILLY HAT DAY!!

Check out our full event page online! To RSVP for an event, visit our website at www.littletoncoop.com/events. Questions? Send us an email: info@littletoncoop.org

SCAN ME!



Join Us at Open Mic on Feb 17!



Saturday February 17, 3-5pm

Free! Everyone is welcome! Come chill out with us in Co-op Cafe for a presentation of art, poetry, music, spoken word, and more. We're looking for creative folks who want to perform, and also eager listeners who would like to hang out and listen! Interested? Email info@littletoncoop.org for more details!!

Silly Hat Day



Thursday February 29, All Day

Wear your silliest hat while shopping at the Co-op on Leap Day to see lots of smiles wherever you go, and get a free silly sticker at checkout! This started as a Leap Year tradition among our staff, and we'd love for you to join the fun! All ages welcome.

Important Member Dates:

March 10: Board Candidate Applications Due
 April 27-May 10: Voting open for 2024 Board Election
 May 2: Annual Meeting - more details to come!
 May 10-12: 15th Anniversary Celebration

MORE FROM YOUR STORE

Case of the Missing Local Milk



We stock just about every kind of milk you could want here at the Co-op, including quite a few bottles from smaller, well loved local farms. You may have noticed that we don't always have some of that local milk on hand in the winter months, and maybe you've wondered where your favorite dairy has disappeared to.

Did you know that dairy production significantly slows in the wintertime? Cows, goats, and even chickens are impacted by the colder weather. It's a similar story for the farmers themselves. Unfortunately, some of our small local farms don't have enough product in the winter to make regular deliveries. We apologize for the inconvenience and appreciate your understanding.

The good news is that one of the Co-op's top priorities is our relationships with our local farmers, something we've been building for the past 15 years. We know our farmers appreciate the co-op as much as we appreciate them, and they will prioritize getting the products our customers love back on the shelves as soon as possible.

For more information on dairy-gate, visit: www.littletoncoop.com/wheres-the-milk

Almost 10,000 Members!



9,999 AND YOU!

BIG NEWS! We almost have 10,000 Members here at the Co-op, which is a huge milestone! Right now we're only about 100 memberships away from the big hurrah.

To celebrate and build up the hype, we'll be giving away a \$500 shopping spree to the 10,000th Member. Who will it be? Who knows??

So tell your friends to join, and then if they get the big prize have them grab you a treat or two to celebrate ;)



Not a Member Yet? Join Today!

Learn more, buy shares, start a new account: www.littletoncoop.com/membership

GAME DAY MVP

(MOST VALUABLE PAIRING)

CHICKEN WINGS



REK-LIS PRETENTIOUS HOPPER



Grab & Go Apps for the Win!



You might be rooting for a certain team this Sunday, but we're on Team Deli Apps! Alison and our Deli team have whipped up some classic game day favorites like jalapeno poppers, chicken wings, and beef and chicken loaded nachos. Plus, we are so happy to offer house-made pretzel bites with beer cheddar sauce from Copper Pig Brewery in Lancaster. This cheese sauce is absolutely incredible and is sure to make you less sad about whatever is happening with your team on screen. All apps are available now at the Co-op Deli - while supplies last!

Romantic Candies in Bulk



Love is in the air! Well, it is in the Bulk Department, anyway. Your fav co-op candy stop has stocked a sweet selection of chocolate caramel hearts, cinnamon and peach gummies, and of course valentine themed jelly bean mixes. Pick up a treat for your sweetheart or for yourself - you deserve it <3

Join the Jambar Band



Jambars are certified organic and gluten free energy bars that invite everyone to "join the band" with fun flavors like Chocolate Cha Cha, Mat Nut Melody, and Jammin' Jazzleberry. They also donate 50% of their profits to organizations promoting music for all. Find 'em with the rest of our granola and energy bar selection!

YOUR CO-OP COMMUNITY

Round Up for North Country Pride



Round Up this February to support North Country Pride!

North Country Pride's mission is to bring celebration, education, empowerment, and inclusion to all LGBTQIA+ people, friends, and family in northern New Hampshire and the Northeast Kingdom of Vermont. Our community should be a welcoming place for all! The funds raised this month will be used for some of the many events they host in the area, including the Pride Ride, Pride Pup Party, community get togethers, and more.

Here's the Partner of the Month lineup for 2024 - chosen by YOU!

January – Bethlehem Trails Association
 February – North Country Pride
 March – PRKR and Franconia Area NEMBA
 April – Free Rein Rescue and Rehab
 May – Ammonoosuc Community Health Services (ACHS)
 June – Above the Notch Literacy Project
 July – The Pemigewasset Valley Search & Rescue Team
 August – North Country Home and Hospice
 September – Center for New Beginnings
 October – Littleton Food Co-op Community Fund
 November – Local Food Pantries
 December – Friends of the Littleton Public Library

From Our General Manager: Support the Farm to School Bill



"WE DON'T WANT THE ERRORS OF THE PAST TO DOOM A POSITIVE PATH FORWARD. THEREFORE THE LITTLETON FOOD CO-OP AND ITS MEMBERS URGE OUR LEGISLATURES TO PASS HB 1678-FN DURING THIS SESSION."
 – ED KING, GENERAL MANAGER

Remember the first time you bit into an exceptionally juicy local strawberry in the early summertime? Or how refreshing a glass of local milk tasted the first time it washed down your favorite cookie? NH House Bill 1678-FN is aiming to give that experience to more kids across the state at an earlier age though their school meal programs. The Local Food for Local Schools Pilot Project Reimbursement Bill will incentivize schools to purchase quality ingredients from NH farmers, benefiting our farmers, our youth, and our local economy all at the same time. The Littleton Food Co-op is a proud supporter of this bill, and we encourage you to learn more about it and see if you are, too. Check out our website for more information about the proposed pilot program, a letter of support from our General Manager Ed King, and steps you can take to show your support:

www.littletoncoop.com/tag/farm-to-school