

**3-DAY SALE!** Fri., Feb. 2<sup>nd</sup> - Sun., Feb. 4<sup>th</sup>

**GAMEDAY PIZZA!  
PEPPERONI OR VEGGIE**

Promotion good all day  
until 5<sup>30</sup>pm on Sunday, Feb. 4<sup>th</sup>



Smart Chicken Wings \$8<sup>99</sup>/lb



16 Oz  
**Green Mt.  
Salsa**  
**\$2<sup>99</sup>**



**Baby Back  
Ribs**  
**\$2<sup>29</sup>**  
Lb

American Flatbread Pizza  
**\$4<sup>99</sup>**

16 Oz  
Talenti Gelato  
**\$2<sup>99</sup>**



12pk  
**Sam Adams**  
**\$11<sup>99</sup>**



**19<sup>th</sup> Hole  
Snack Mix**  
**\$2<sup>99</sup>**  
Lb



**Green Mtn.  
Tortilla  
Chips**  
**2/\$3**

**Weekly Specials**

**Prices Effective**  
Fri. Feb. 2<sup>nd</sup> — Thu. Feb. 8<sup>th</sup>, 2018

**PRODUCE**

- Red & Green Grapes..... \$1.79/lb
- Fuji Apples..... 79¢/ea
- Lacinato Kale .....\$1.99
- Brussel Sprouts .....\$3.99/lb
- White Mushrooms.....\$4.99/lb
- Red & Yellow Peppers .....\$2.99/lb
- Red Grapefruit..... 99¢/ea
- Grape Tomatoes, 1pt .....\$1.99
- Iceberg Lettuce.....\$1.49
- Maries Dressing, 12 oz ..... \$3.29
- Hot House Tomatoes..... \$1.99/lb

**MEAT**

- Certified Angus Sirloin Steaks ..... \$5.99./lb
- Boneless Country Style Ribs ..... \$1.99/lb
- Whole Pork Butts..... \$1.69/lb
- Kayem Mini Cocktail Franks .....\$4.29/lb
- Johnsonville Brats .....\$4.29/lb

**BAKERY**

- Cinnamon Bread, 16 oz .....\$2.79
- Red Raspberry Pie, 8" ..... \$4.99
- Rich's Double Layer Cakes, 8" (Sel. Var.)....\$7.99

**SPECIALTY CHEESE**

- Maplebrook Cheddar Cheese Bites, 8 oz. ....  
..... \$3.99/ea

**BEVERAGE**

- Bitburger, 4 pks..... \$5.99
- Sam Adams, 12 pks ..... \$11.99
- Beringer Wines, 750 ml..... 2/\$9

**DAIRY**

- Cabot Bars & Shreds, 8 oz .....\$1.99
- Cabot Slices, 8 oz .....\$2.79
- Noosa Yogurts, 8 oz .....\$1.99
- Rebbi Elixir Milks, 12 oz .....\$2.99
- Florida Natural Orange Juice, 59 oz .....\$2.99
- Stonyfield Milks, 64oz ..... \$4.39
- Shurfine Butter, 16 oz ..... \$2.89

**DELI**

- Boar's Head Honey Maple Ham.....\$5.99/lb
- Boar's Head Pork & Beef Bologna .....\$4.59/lb
- Boar's Head Munster Cheese.....\$4.99/lb
- North Country Smoked Mozzarella.....\$6.99/lb


**SEAFOOD**

- Vita Wild Smoked Salmon, 3 oz..... \$3.99/ea
- SeaBest Cooked Shrimp, 51/60ct 1lb/pkg.....  
.....\$7.99/ea
- Matlaws Bacon & Cheese Stuffed Clams, 15 oz ..  
..... \$4.49/pkg

**FLIP FOR MORE SAVINGS...**



## FRESH

-  Hope Hummus, 8 oz .....\$2.69
- Hodo Soy Fresh Yuba Noodles, 8 oz. .... \$5.99
- Hodo Soy Tofu Nuggets and Veggie Burgers,  
8 oz. .... \$4.99




## GROCERY

- New England Coffee (Sel. Var.)..... \$4.99
- Teddie Old Fashion Peanut Butter, 16 oz .. \$2.99
- Near East Rice/Couscous (Sel. Var.)..... 4/\$5
- Progresso Soups (Sel. Var.) ..... 4/\$5
- Newman's Dressings, 16 oz. .... \$2.99
- Apple & Eve Juice Box Pack, 33.84 oz .....\$1.99
-  Annies Homegrown Pasta dinners, 6 oz . \$1.99
-  Field Day Broth, 32 oz. ....\$2.29
- California Olive Oil, 25.4 oz ..... \$11.99
-  Dr. Bronners Coconut Oil, 14 oz. .... \$6.99
-  Field Day Salsa, 16 oz .....\$2.99
- Garden of Eatin Tortilla Chips (Sel. Var.) .... \$1.99
- Kind Bars ..... 3/\$4
- Late July Salsa, 15.5 oz .....\$2.99
-  Field Day Beans, 15 oz .....\$1.49
- Chocolove Chocolate Bars, 3.2 oz .....\$1.99
-  Harvest Stone Crackers, 3.54 oz ..... 2/\$5
- Blue Sky Soda, 6pk .....\$2.39
-  Prana Organics Fruit & Nut Mix, 4 oz .. \$3.99

## BULK

-  Equal Exchange Whole Bean Coffee (Sel. Var.)  
.....\$8.99/lb
- All Natural Marich Dark Chocolate Caramel  
Hearts .....\$9.99/lb
-  Grandy Oats Maple Roasted Cashews .....  
..... \$12.99/lb
-  Grandy Oats Turmeric Ginger Cashews .....  
.....\$12.99/lb
-  Walnuts, California Grown.....\$9.99/lb
-  High Antioxidant Trail Mix .....\$9.99/lb

## FROZEN

-  Giffords Ice Cream, 32 oz ..... \$3.99
- Blake's Frozen Meals, 8 oz (Sel. Var.) .....\$2.99
- Canyon Bakehouse GF Breads, 18 oz. .... \$4.39
- Talenti Gelato, 16 oz ..... \$3.99
- Beyond Meat - The Beyond Burger, 8 oz .. \$4.99
-  Three Twins Ice Cream,16 oz ..... 2/\$7
-  Woodstock Veggies, 10 oz (Sel. Var.).... 2/\$5

## HEALTH & BEAUTY

- Garden of Life Brain Health Supplements  
(Sel. Var.).....25% OFF
- Country Life Acid Relief, 60 ct .....\$7.99
- Kiss My Face Toothpaste, 4.5 oz ..... \$3.99

**3-DAY SALE!** Fri., Feb. 2<sup>nd</sup> - Sun., Feb. 4<sup>th</sup>



**HOT PRICE!**

Avocados  
**75¢**  
Ea



8 Oz  
Heluva  
Good Dips  
**2/\$3**



**MEMBER DISCOUNT DAY**  
**SAVE 10%** *SATURDAY, FEBRUARY 3<sup>RD</sup>*

*\*Standard exclusions apply*

**GAMEDAY PIZZA!**  
**PEPPERONI OR VEGGIE**  
 Promotion good all day until 5<sup>pm</sup> on Sunday, Feb. 4<sup>th</sup>



**\$9.99**  
 Ea



**HOT PRICE!**

Avocados  
**75¢**  
 Ea



8 Oz  
 Heluva  
 Good Dips  
**2/\$3**

16 Oz  
 Talenti Gelato  
**\$2.99**

American  
 Flatbread Pizza  
**\$4.99**



12pk  
 Sam Adams  
**\$11.99**



Baby Back  
 Ribs  
**\$2.29**  
 Lb



16 Oz  
 Green Mt.  
 Salsa  
**\$2.99**



Green Mtn.  
 Tortilla  
 Chips  
**2/\$3**



**BULK**

19<sup>th</sup> Hole  
 Snack Mix  
**\$2.99**  
 Lb

**MEMBER DISCOUNT DAY** **SAVE 10%** **SATURDAY, FEBRUARY 3<sup>RD</sup>!**  
 \*Standard exclusions apply

**Weekly Specials** Fri. Feb. 2<sup>nd</sup> — Thurs. Feb. 8<sup>th</sup>, 2018



Certified Angus  
 Sirloin Steaks  
**\$5.99**  
 Lb



**DELI**

Boar's Head  
 Honey Maple Ham  
**\$5.99**  
 Lb



**LOCAL**

8 Oz  
 Cabot  
 Bars & Shreds  
**\$1.99**  
 Ea



**USDA ORGANIC**

8 oz  
 Hope Hummus  
**\$2.69**  
 Ea



6 Oz  
 Annie's  
 Homegrown Pasta  
 Dinners  
**\$1.99**

Select Varieties  
 Progresso Soups  
**4/\$5**



Red & Green  
 Grapes  
**\$1.79**  
 Lb



**LOCAL**

32 Oz  
 Gifford's  
 Ice Cream  
**\$3.99**

8 Oz, Local  
 Maplebrook  
 Cheddar Cheese  
 Bites  
**\$3.99**



Fuji Apples  
**79¢**  
 Ea

**USDA ORGANIC**

Whole  
 Pork Butts  
**\$1.69**  
 Lb

**BULK**



All Natural  
 Marich Dark  
 Chocolate Caramel  
 Hearts  
**\$9.99**  
 Lb