








Littleton Food Co-op

WEEKLY SPECIALS

PRODUCE

 4 Corners Farm Cherry Tomatoes, pint	2/\$5
 Green Grapes.....	\$2.49/lb
 Portabella Mushrooms.....	\$5.99/lb
 Pineapple.....	\$4.29
 Ginger Root.....	\$2.99/lb
Bartlett Pears	2/\$1
Butternut Buttercup Acorn Squash	69¢/lb
Black Plums	\$1.99/lb
Kiwi Fruit	3/99¢
Red Potatoes, 5lb	\$2.49
Romaine Hearts, 3ct	\$2.49
Blackberries, 6 oz.....	\$2.49
Cantaloupe	\$1.69







MEAT

Choice Angus Strip Steaks	\$8.49/lb
Center Cut Bone in Pork Chops	\$1.79/lb
Choice Angus Cubed Steak	\$3.99/lb
Applegates Chicken Sausage	\$3.99/lb
Ham Portion Shanks	\$1.29/lb






DELI

Boar's Head Buffalo Chicken	\$5.99/lb
Boar's Head Ovengold Turkey	\$6.99/lb
Boar's Head Smoked Gouda	\$6.99/lb
North Country Bistro Ham	\$9.99/lb



BULK

 Equal Exchange Whole Bean Coffee (6 Var.)	\$8.99/lb
 NE Naturals Pecan Splendor Granola	\$3.69/lb
  NE Naturals Superfruit Antioxidant Trail Mix	\$9.99/lb
 Dry Roasted Unsalted Peanuts.....	\$3.69/lb
SunRidge Farms Yogurt Raisins	\$5.99/lb
SunRidge Farms Yogurt Almonds	\$7.99/lb
 Lundberg Farms White Jasmine Rice	\$2.69/lb


GROCERY

 Late July Tortilla Chips (Sel.Var.)	2/\$5
 Muir Glen Pasta Sauce (Sel.Var.)	2/\$5
 Montebello Pasta (Sel.Var.)	\$2.99
 Kettle Brand Chips, 5 oz	2/\$4
 Spectrum Coconut Oil, 14 oz	\$4.99
Bumble Bee Tuna Solid White, 4pk 20 oz	\$4.99
Progresso Vegetable Soups, 19 oz	5/\$5
Green Mountain Coffee Bags (Sel.Var.)	\$6.99
Green Mountain Coffee K-Cups, 12 ct	\$6.99
Post Great Grains Cereal (Sel.Var.)	2/\$5
Cape Cod Chips	2/\$5
Seventh Generation Bath Tissue, 12 ct	\$7.99
Crunchmaster Multi Seed Crackers, 4.5 oz	2/\$5

FROZEN

 Alden's Ice Cream, 48 oz	\$5.99
 Casacadian Vegetables, 10 oz.....	2/\$4
Flatbread Pizzas (Sel.Var.)	\$6.99
Mrs. T Pierogies, 16 oz	2/\$5
Green Giant Box Veggies (Sel.Var.).....	5/\$5

BEVERAGE





 Santa Cruz Lemonade, 32 oz	2/\$3
Huberts Lemonade, 16 oz	3/\$5
Amy & Brian's Coconut Water, 17.5 oz	3/\$5
Ravenswood Zinfandel, 750 ml	\$8.99
Tuckerman's Pale Ale, 12 pk	\$13.99

SPECIALTY CHEESE

Sartori MontAmore, 7 oz	\$4.49/each
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**We reserve the right to limit quantities*

DAIRY

-  Cabot Cheese Slices, 8 oz \$2.79
-  Cabot Bars and Shreds, 8 oz 2/\$5
-  Cabot Sour Cream, 16 oz \$1.79
-  Stonyfield Yogurt, 5.3 oz 5/\$3
- Florida's Natural OJ, 59 oz \$2.99
- Dragone Ricotta, 32 oz \$3.99

WELLNESS

- Burt's Bee Healthy Radiance Protein Powder, 1.3 lb
..... \$29.99
- Burt's Bee Gut Health Protein Powder, 1.2 lb \$29.99
- Burt's Bee Daily Protein Powder, 1.1 lb \$23.99
- Nature's Gate Toothpaste (Sel.Var.) \$2.99 (with Coupon)

BAKERY

- Sweet Yeast Dinner Rolls, 8 pk \$1.79
- Jelly Rolls, 4 pk \$2.99
- Sweet Middle Cookies, 7.7 oz (Sel.Var.)..... \$2.49

FRESH

- Daiya Dairy Free Cheese Shreds, Slices & Blocks
(Sel.Var.) \$3.39
- Tofurky Deli Slices, 5.5 oz \$2.99

Cherry Tomatoes, 1 pint 2/\$5



WELLNESS WEDNESDAYS

ALL SUPPLEMENTS

OVER 1,000 SUPPLEMENTS
EVERY WEDNESDAY



MegaFood
Fresh From Farm To Tablet™



NEWCHAPTER



SOLARAY
DIETARY SUPPLEMENT